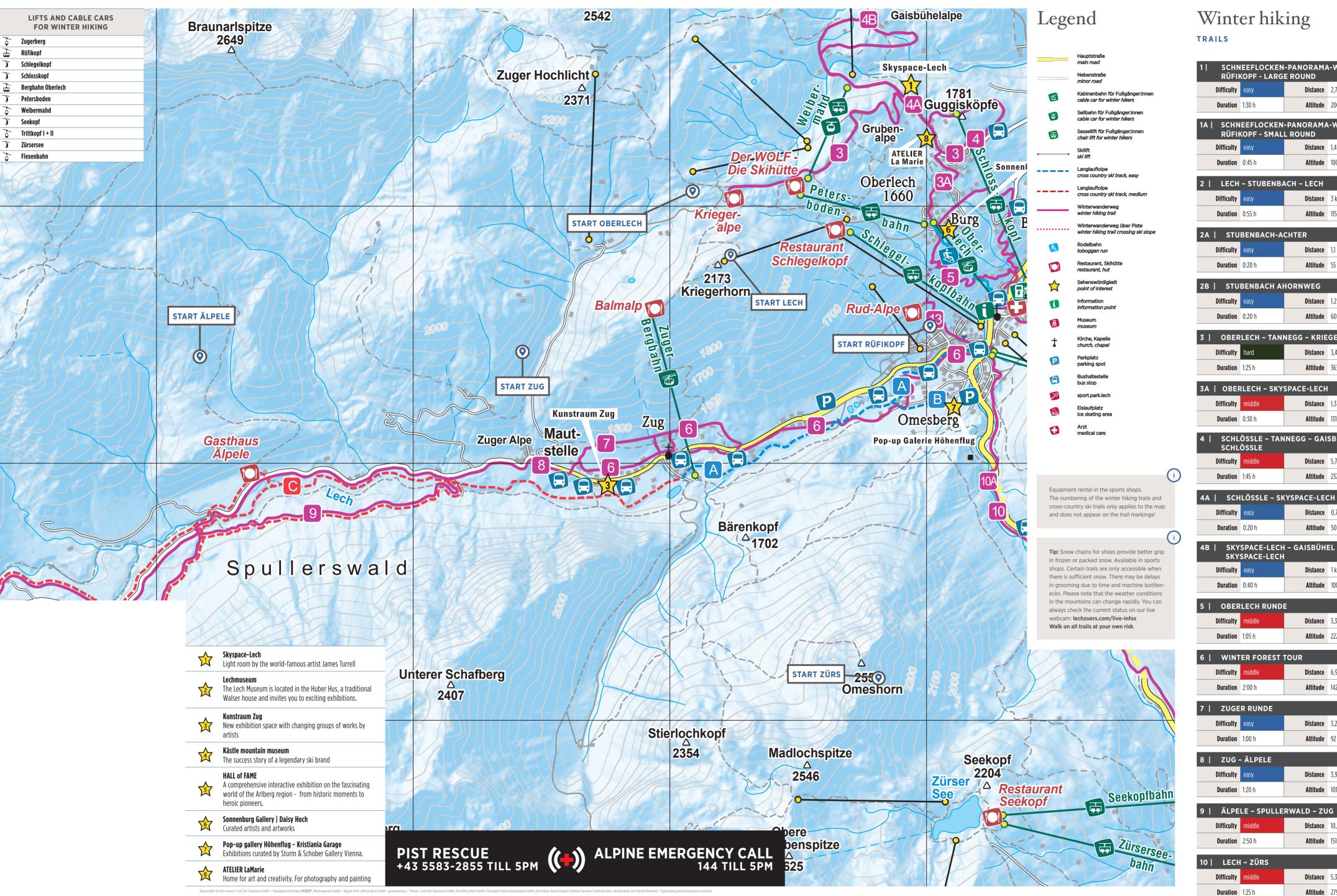
# Winter activities

024/2025

WINTER Winter hiking trails Cross-country skiing Culture programme

Lech 3, Zürs

LECHZUERS.COM



## Winter hiking

**Distance** 10,3 km

Altitude 151 m

**Distance** 5,3 km

Altitude 279 m

TRAILS

|            | IEEFLOCKEN<br>(OPF - LARG |                      | A-WEG           |
|------------|---------------------------|----------------------|-----------------|
| Difficulty | easy                      | Distance             | 2,7 km          |
| Duration   | 1:30 h                    | Altitude             | 200 m           |
|            | EEFLOCKEN<br>(OPF - SMAL  |                      | \-WEG           |
| Difficulty | easy                      | Distance             | 1,4 km          |
| Duration   | 0:45 h                    | Altitude             | 100 m           |
| 2   LECH   | - STUBENBA                | ACH – LECH           |                 |
| Difficulty | easy                      | Distance             | 3 km            |
| Duration   | 0:55 h                    | Altitude             | 115 m           |
| 2A   STU   | BENBACH-A                 | CHTER                |                 |
| Difficulty | easy                      | Distance             | 1,1 km          |
| Duration   | 0:20 h                    | Altitude             | 55 m            |
| 2B   STU   | BENBACH AI                | HORNWEG              |                 |
| Difficulty | easy                      | Distance             | 1,2 km          |
| Duration   | 0:20 h                    | Altitude             | 60 m            |
| 3   OBER   | LECH - TANI               | NEGG – KRIE          | GERALPE         |
| Difficulty | hard                      | Distance             | 3,4 km          |
| Duration   | 1:25 h                    | Altitude             | 363 m           |
| 3A   OBER  | RLECH - SKY               | SPACE-LECH           |                 |
| Difficulty | middle                    | Distance             | 1,3 km          |
| Duration   | 0:30 h                    | Altitude             | 131 m           |
|            | ÖSSLE – TAN<br>ÖSSLE      | INEGG - GAI          | SBÜHEL -        |
| Difficulty | middle                    | Distance             | 5,7 km          |
| Duration   | 1:45 h                    | Altitude             | 237 m           |
| 4A   SCH   | LÖSSLE – SK               | YSPACE-LEG           | СН              |
| Difficulty | easy                      | Distance             | 0,7 km          |
| Duration   | 0:20 h                    | Altitude             | 50 m            |
|            | SPACE-LECH<br>SPACE-LECH  |                      | EL -            |
| Difficulty | easy                      | Distance             | 1 km            |
| Duration   | 0:40 h                    | Altitude             | 100 m           |
| 5   OBER   | LECH RUND                 | E                    |                 |
| Difficulty | middle                    | Distance             | 3,3 km          |
| Duration   | 1:05 h                    | Altitude             | 222 m           |
| 6   WINT   | ER FOREST                 | TOUR                 |                 |
| Difficulty | middle                    | Distance             | 6,9 km          |
| Duration   | 2:00 h                    | Altitude             | 142 m           |
| 7   ZUGE   | R RUNDE                   |                      |                 |
| Difficulty | easy                      | Distance             | 3,2 km          |
|            | 1:00 h                    | Altitude             | 92 m            |
| Duration   |                           |                      |                 |
|            | - ÄLPELE                  |                      |                 |
|            | - <b>ÄLPELE</b><br>easy   | Distance             | 3,9 km          |
| 8   ZUG-   |                           | Distance<br>Altitude | 3,9 km<br>101 m |

| 10 A   LECH - ZÜRS SEEKOPFBAHN |            |            |        |  |
|--------------------------------|------------|------------|--------|--|
| Difficulty                     | middle     | Distance   | 5,2 km |  |
| Duration                       | 1:40 h     | Altitude   | 250 m  |  |
| 11   ZÜRS                      | ER RUNDE   |            |        |  |
| Difficulty                     | easy       | Distance   | 1,1 km |  |
| Duration                       | 0:45 h     | Altitude   | 24 m   |  |
| 12   ZÜRS                      | - FLEXENPA | ASS – ZÜRS |        |  |
| Difficulty                     | easy       | Distance   | 2,6 km |  |
| Duration                       | 0:40 h     | Altitude   | 184 m  |  |
| 13   LECH                      | – RUD-ALPE |            |        |  |
| Difficulty                     | easy       | Distance   | 0,5 km |  |
| Duration                       | 0:30 h     | Altitude   | 60 m   |  |
|                                |            |            |        |  |

## Cross-country skiing

CLASSIC 6 SKATING

Lech

| A   LECH   | - ZUG                     |           |         |
|------------|---------------------------|-----------|---------|
| Difficulty | easy                      | Distance  | 2,8 km  |
| Duration   | 0:40 h                    | Altitude  | 66 m    |
|            |                           |           |         |
| B   OMES   | BERG - ZUG                |           |         |
| Difficulty | easy                      | Distance  | 2,4 km  |
| Duration   | 0:50 h                    | Altitude  | 44 m    |
|            |                           |           |         |
| C   ZUG    | - ÄLPELE – S              | PULLERWAL | D – ZUG |
| Difficulty | middle                    | Distance  | 6,6 km  |
| Duration   | 1:15 h                    | Altitude  | 163 m   |
|            |                           |           |         |
|            | - ÄLPELE – T.<br>LE – ZUG | ANNLÄGERA | LPE -   |
| Difficulty | middle                    | Distance  | 10,5 km |
|            |                           |           |         |

Zürs

| E   ZÜRS - FLEXENPASS - ZÜRS |        |          |        |
|------------------------------|--------|----------|--------|
| Difficulty                   | middle | Distance | 2,6 km |
| Duration                     | 0:40 h | Altitude | 95 m   |











#### **TOBOGGAN RUN**

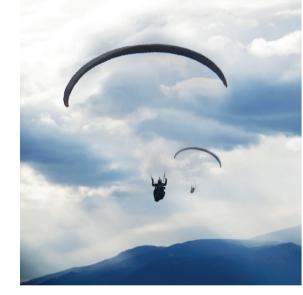
#### Toboggan Oberlech

Tremendous fun for both young and old on the fl oodlit, snow-covered toboggan run from Oberlech to Lech. The spectacular route also guarantees to be an unforgettable adventure for the whole family. Bobs are available for hire at the Oberlech cable-car terminal and in sports shops. Please bring an ID and deposit with you.

|                      | TOBOGGAN RUN                   |
|----------------------|--------------------------------|
| <u>Length</u>        | 1,2 km                         |
| Contact              | Phone: +43 5583 2350-0         |
| <b>Opening hours</b> | daily from 09.00 am — 09.00 pm |
|                      |                                |

#### Toboggan Zürs

The small trochanter in Zürs o ers a lot of fun and action in the snow for our little guests. You find the small trochanter above the kids land in Zürs. Open during the operating hours of the Kinderland Zürs (ski-zuers.at/kinderland).



#### TANDEM PARAGLIDING

Leave the earth behind and feel liberated as soon as you take off with no constraints and no engine noise, floating feely, only joined to the wing by a couple of cords, feeling the strength of the air currents amid our beautiful countryside. Forget everyday life and enjoy being totally on your own. This feeling is never stronger than when you are flying and you can experience it here by trying tandem paragliding. As well as sensational paragliding flights we also offer spectacular thermal flights and fascinating panoramic flights. Also suitable for groups. See you in the sky!

| INFORMATION                |                      |
|----------------------------|----------------------|
| Paragliding start<br>point | Kriegerhorn          |
| Landing                    | next to Flühenlift   |
| Total duration             | 1 hour 30 minutes    |
| Flight time                | approx. 15 minutes   |
| Maximum flying<br>height   | 2.100–2.300 metres   |
| Prices & booking           | www.parapowder.at/en |
|                            |                      |

#### **CROSS-COUNTRY SKIING**

More than 27 kilometres of groomed, free-of-charge cross-country ski trails are at your disposal as a training ground in the Arlberg region. Flat terrain and gentle climbs, crisp mountain sprints and short descents - beyond the Ski Arlberg ski resort, there is a varied network of cross-country ski trails just waiting to be discovered. The Zugertal in particular enchants with its unspoilt winter landscape and majestic mountains. On the idyllic cross-country ski trails, you can enjoy the clear mountain air and the tranquil beauty of nature. The trail report provides you with reliable daily information about which trails are open and which are closed. The trail planner also provides an overview of the entire trail network to help you prepare and plan your activities precisely.

| CROSS COUNTE                            | RY SKI INSTRUCTION ON REQUEST  |
|---|--|
| Skischule Lech                          | Phone: +43 5583 2355, www.skilech.info   |
| Skischule Zürs                          | Phone: +43 5583 2611, www.skischule-zuers.at   |
| Arlberg Alpin Ski-<br>schule Mohnenfluh | Phone: +43 664 3203506<br>info@arlbergalpin.at                                       |
| Schneesportschule<br>Omeshorn           | Alpincenter Lech, Phone: +43 5583 39880<br>www.alpincenter-lech.at/Schneesportschule |
|   |  |

www.arlberg-free-moving.com



**Arlberg Free Moving** Phone: +43 664 3562650

### ICE SKATING - CURLING

#### Natural ice rink Zürs

is a particular highlight. You can turn pirouettes and enjoy the view over the surrounding alpine scenery. Here you also have the opportunity to play curling.

| INFORMATION   |   |
|---------------|---|
| Opening hours | The current opening hours of the season can be found on our website |
| Curling       | Reservation required  |
| Reservations  | Phone: +43 5583 2104  |



#### SNOWSHOEING

Experience the unique winter landscape around Lech Zürs am Arlberg in the fresh, clear winter air. One of the great advantages of snowshoeing compared to other winter sports is that anyone with average physical condition can participate without needing any additional technical skills. You can rent the right pair of snowshoes including poles in one of the local sports stores. The large tread surface of the snowshoes prevents you from sinking too far in the powder snow and thus enables you to cover longer distances.

| GUIDED SNOWSHOEING ON REQUEST & INFORMATION & REGISTRATION |  |  |
|--|--|--|
| Arlberg Alpin Ski-<br>schule Mohnenfluh                    | Phone: +43 664 3203506<br>info@arlbergalpin.at<br>every Tuesday & Thursday |  |
| Arlberg Free Moving  | Phone: +43 664 3562650   |  |

Omeshorn info@alpincenter-lech.at

www.skischule-oberlech.at

irther information on the subject Snowshoeing:

**Clothing:** Winter outfit and winter shoes

**Skischule Oberlech** Phone: +43 5583 2007

gnificent mountains of Ski Arlberg. The subscription includes the mountain and valley ride www.arlberg-free-moving.com and is valid for many cable car and lift facili-Four Seasons Anton Grissemann ties. Tickets available at all ski ticket offices. **Guiding** Phone: +43 664 4000827 Valid for the following lifts: **Schneesportschule** Phone: +43 5583 39880

#### Lech/Oberlech/Zürs:

SUN SUBSCRIPTION

WINTER WALKING

An over 50-km winter hiking trail network in Lech

Zürs am Arlberg invites hikers to explore the snow

without snowshoes. The only things you need to

bring are sturdy shoes and comfortable winter clothing.

Small paths or groomed winter hiking trails

leadoversteep mountains lopes, through snowy forests,

Further information and overview

For winter guests without ski or snowboard the

sun subscription is the choice to explore the ma-

of the winter hiking trails:

or along the partially frozen Lech river.

Zugerberg, Rüfikopf, Schlegelkopf, Schlosskopf, Bergbahn Oberlech until 6.00 pm, Petersboden, Weibermahd, Seekopf, Trittkopf I and II, Zürsersee and Flexenbahn

#### St. Anton/St. Christoph/Stuben:

Galzig, Gampen, Nasserein, Valluga I and II, Kapall, Rendl, St. Christophbahn and Albonbahn



#### SNOWFLAKE-PANORAMA-TRAIL AT RÜFIKOPF

Snow is simply miraculous: billions of snow crystals merge to form flakes that float down gently like leaves and cover everything in a bright white blanket. The newly created winter hiking trail starts directly the mountain station of the Rüfikopfbahn cable car and stretches across the sunny plateau on the Rüfikopf. At the various stations along the circular trail the circular trail with interesting & impressive information about the fascinating element 'snow'. In addition, the emotional winter experiences.

#### MUSEUM

#### Lechmuseum

The Huber-Hus, a traditional Walser house from the year 1590, is located near the Schlosskopf parking lot. The current special exhibition takes place in two locations together with the Women's Museum Hittisau: Sparkling clean! About cleaning - inside, outside,

|                    | INFORMATION                              |
|--------------------|--|
| Opening hours      | Thursday to Sunday from 03.00 - 06.00 pm |
| pecial guided tour | on demand                                |
| Contact            | Phone: +43 5583 2213-240                 |



#### Kästle Mountain Museum

The success story and innovations of a legendary Austrian ski brand can be experienced in the Kästle Mountain Museum.

**INFORMATION** 

**Entrance** free, during operation hours of the Rüfikopfbahn

**Location** Top station of Rüfikopf

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|--|-----------|
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## HALL of FAME

An interactive exhibition about the fascinating world of the Arlberg - from historic moments to heroic pioneers - awaits you in the HALL of FAME. A highlight of the HALL of FAME is the HUNT of FAME, a ski chase with the ski stars of the Arlberg.

|          | INFORMATION  |
|----------|--|
| Location | Trittkopfbahn I/Flexenbahn mountain station                          |
| Entrance | free, during the operationg hours of the Trittkopf-bahn I/Flexenbahn |
|          |  |

#### **SKYSPACE-LECH**

Discover the light art of the world-famous artist James Turrell. In the light room in Oberlech you can experience the meeting of heaven and earth in the high alpine landscape.

INFORMATION

#### MORE MOVEMENT, MORE FUN.

The leisure center of Lech – The multifunctional sport.park.lech off ers you a lot of possibilities which are all about movement. A fitness center on 500 sq with a cardio, strength and free weight training area as oyment in the indoor café.

| _ | _ | T |    |   |  |
|---|---|---|----|---|--|
|   |   |   |    |   |  |
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|   |   |   | Lu |   |  |
|   |   |   |    |   |  |
|   |   |   |    |   |  |
|   |   |   |    | - |  |

Mountain culture is a prime example of broadening cultural horizons in Lech Zürs. Get an overview of the current exhibitions, pop-ups and galleries.



ART AND CULTURE

#### LIBARY

The new village reception in the Dorfhus is now also home to the Lech community library. There are more than 4,000 books and around 150 Tonie audio figures to choose from.

A visit to the village reception is worthwhile, as all library media can be used free of charge and without registration.

| INFORMATION                |  |  |
|----------------------------|--|--|
| Vou can find thom at unusu |  |  |

You can find them at www.gemeinde.lech.at **Contact** Phone: +43 5583 2213 0

#### WINTERTAINMENT

回級回

A colourful and diverse winter programme awaits winter sports enthusiasts in Lech Zürs am Arlberg. Sporty, cultural, or culinary – there's something for everyone!



bowling, sauna, tennis, ball sports and all kinds

|              | INFORMATION  |
|--------------|--|
| Opening hour | Sunday to Friday 10:00 am – 11:<br>Saturday 03:00 – 11:00 pm                 |
| Contac       | Phone: +43 5583 41850<br>office@sport-park-lech.at<br>www.sport-park-lech.at |

# 



For squash enthusiasts the Hotel Enzian in Zürs o ers a nup-to-date s quash court. This is open to everyoneat all skill levels, from beginners to professionals.

|               | INFORMATION          |
|---------------|----------------------|
| Price         |                      |
| 1/2 hours     | € 10,00              |
| Block of 10   | € 80,00              |
| Opening hours | on request           |
| Contact       | Phone: +43 5583 2242 |
|               |                      |

#### **TRANSPORT**

#### Ski bus/local bus

The local bus service in Lech offers an attractive, well developed route with short, regular intervals between busses. The fare for the blue village bus is included in the ski pass or in the overnight stay until 07.30 pm.

#### Night bus (with costs)

James is you chaffeur during the night. He connects the districts of Oberlech, Stubenbach, Zug and Zürs comfortable.

#### Public bus (with costs)

Bus line 760: St. Christoph am Arlberg, St. Anton am

Bus line 750: Stuben am Arlberg, Langen am Arlberg Train station

|                 | INFORMATION           |
|-----------------|-----------------------|
| Local bus Lech  | Phone: +43 5583 4100  |
| Postbus Lech    | Phone: +43 5583 2150  |
| Postbus Landeck | Phone: +43 5442 64422 |
|                 |                       |





|              | TAXI                   |  |
|--------------|------------------------|--|
| "Der Lecher" | Phone: +43 5583 2501   |  |
| "Taxi Zürs"  | Phone: +43 5583 3110   |  |
| "Lech Taxi"  | Phone: +43 650 4400752 |  |

• Deficiencies on the winter hiking trails or cross-country ski trails can

• For the preservation of our beautiful nature please always take your garbage with you!

• We urge dog owners to make use of the Robidog bags provided for this purpose.

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# Monthly News & Event Highlights Customized Information



#### HORSE-DRAWN SLEIGH RIDES

Wheter by day or at night – a ride on a horsedrawn sleigh is always a highlight of your winter holiday. Location at the covered wooden bridge in Lech (opposite Hotel Post).

|               | REGISTRATION                            |  |
|---------------|---|--|
| Haus Angelika | Phone: +43 5583 4140 or +43 664 3443730 |  |
|               | haus angelika lech@aon at               |  |

winter hiking trail presents personalities from the Arlberg, who transform adverse conditions into highly

