

Events 01.11.2024 - 07.11.2024

Friday, 01.11.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30

Yoga at Hotel Goldener Berg (Vinyasa & Restorative)

Vinyasa and Restorative Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00

Happy Afterwork at the Tannbergerhof

From 30 September to 30 November there are tempting afterwork specials at the Tannbergerhof.

Daily from 6 pm - 8 pm

Where: Hotel Tannbergerhof

18:30

Rote Wand Masterclass

Fermentation Masterclass every Wednesday at 6.30 pm.

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Surprise Masterclass every Friday at 6.30 pm.

Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia.

Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.

Every Tuesday

Price: € 180 (masterclass & menu)

Start: 6.30 pm

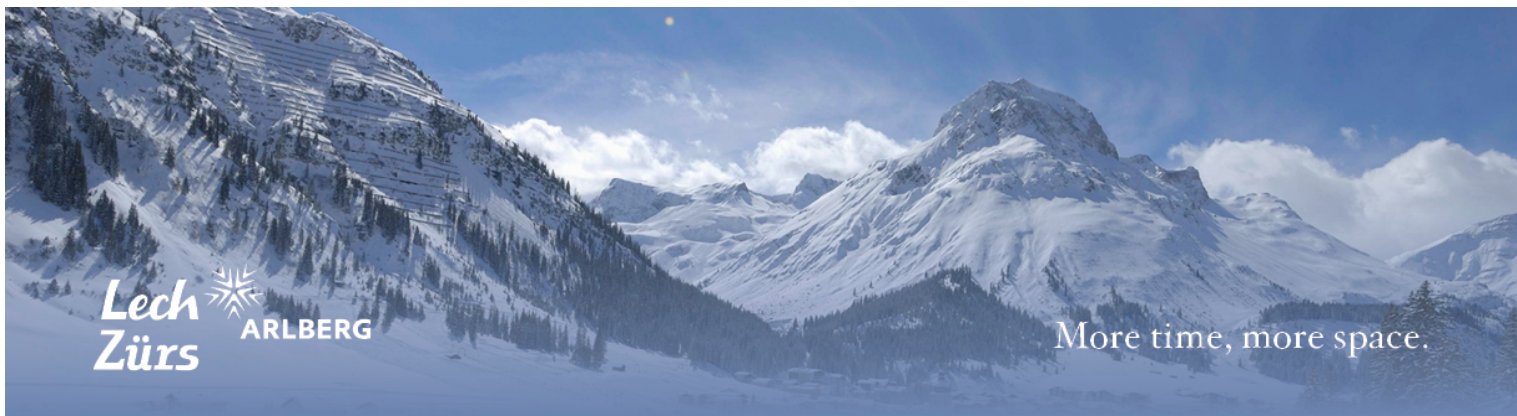
Registration: gasthof@rotewand.com

Saturday, 02.11.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof



Events 01.11.2024 - 07.11.2024

Saturday, 02.11.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg (Vinyasa & Restorative)

Vinyasa and Restorative Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday
Afternoon session 5.30 pm - 6.30 pm

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Registration at: happy@goldenerberg.at

09:30

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Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00

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Daily from 6 pm - 8 pm

Where: Hotel Tannbergerhof

Sunday, 03.11.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30

Yoga at Hotel Goldener Berg (Vinyasa & Restorative)

Vinyasa and Restorative Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday
Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00

Happy Afterwork at the Tannbergerhof

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Where: Hotel Tannbergerhof

Events 01.11.2024 - 07.11.2024

Monday, 04.11.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30

Yoga at Hotel Goldener Berg (Vinyasa & Restorative)

Vinyasa and Restorative Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

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Registration at: happy@goldenerberg.at

09:30

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Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

15:00 - 16:00

Highest Vision Meditation with Anja Löhning

On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday?

Price 40 € per person

Minimum 2 participants

When: Monday

Time 3 pm

Where: Yoga room, Hotel Goldener Berg

By pre-booking by Sunday evening at the latest.

Individual coaching session (60 - 90 minutes): € 150,-

Registration: happy@goldenerberg.at

18:00

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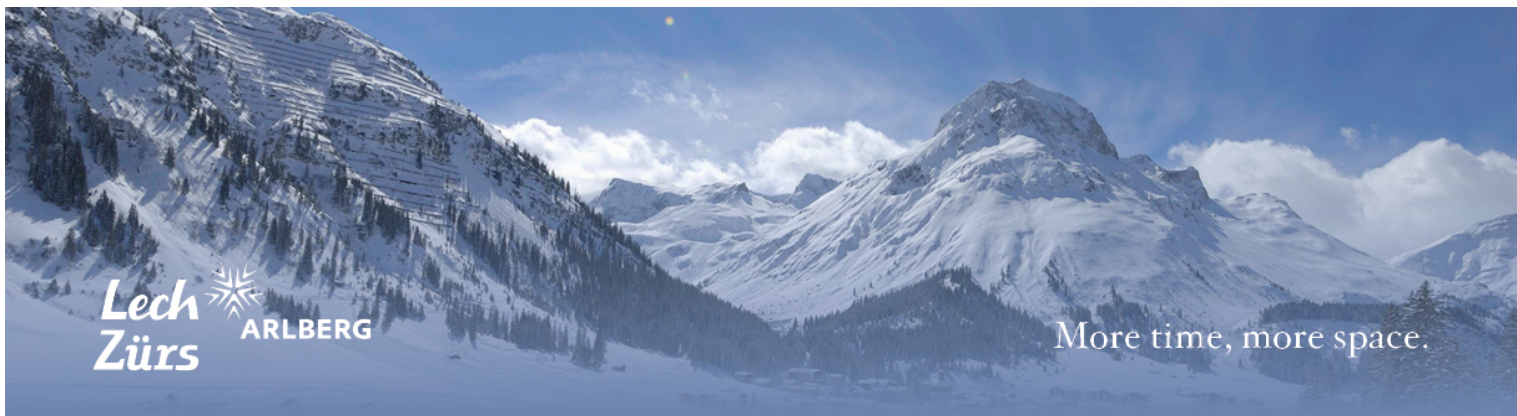
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Tuesday, 05.11.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof



Events 01.11.2024 - 07.11.2024

Tuesday, 05.11.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg (Vinyasa & Restorative)

Vinyasa and Restorative Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

09:30

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18:00

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Where: Hotel Tannbergerhof

Wednesday, 06.11.2024

Pumpkin delights at the Tannbergerhof

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Where: Hotel Tannbergerhof

08:30 - 09:30

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Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

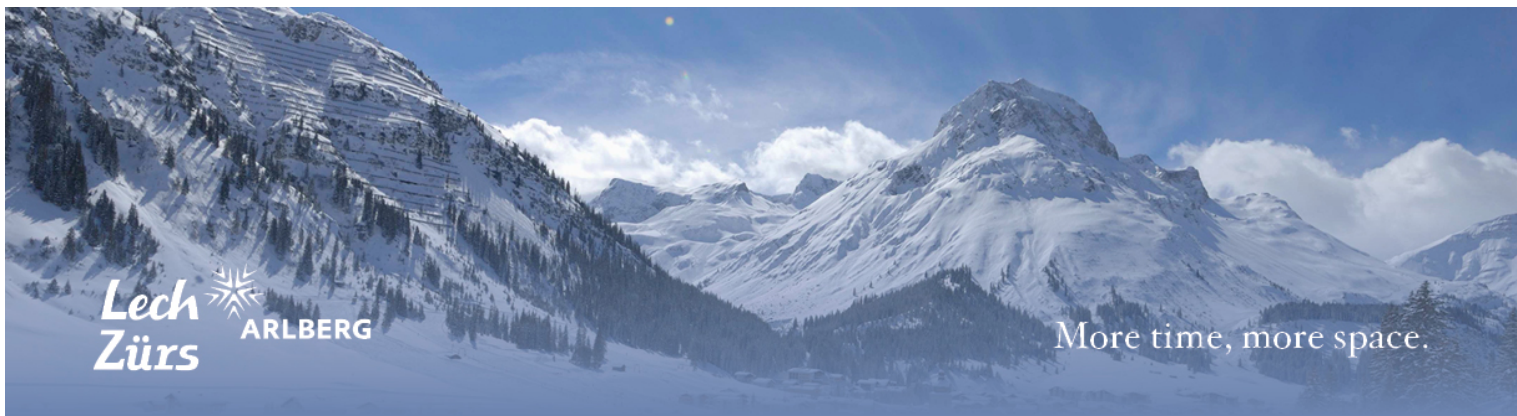
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Events 01.11.2024 - 07.11.2024

Thursday, 07.11.2024

Pumpkin delights at the Tannbergerhof

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08:30 - 09:30

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