

Friday, 25.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30 Yoga at Hotel Goldener Berg (lyengar & Restorative)

lyengar Yoga Morning session 8.30 am - 9.30 am

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00 Happy Afterwork at the Tannbergerhof

From 30 September to 30 November there are tempting afterwork specials at the Tannbergerhof.

Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof

18:30 Rote Wand Masterclass

Fermentation Masterclass every Wednesday at 6.30 pm.

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Surprise Masterclass every Friday at 6.30 pm.Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia. Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.

Every Tuesday

Price: €180 (masterclass & menu)

Start: 6.30 pm

Registration: gasthof@rotewand.com

Saturday, 26.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof



Saturday, 26.10.2024

08:30 - 09:30 Yoga at Hotel Goldener Berg (Vinyasa)

Vinyasa Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00 Happy Afterwork at the Tannbergerhof

From 30 September to 30 November there are tempting afterwork specials at the Tannbergerhof.

Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof

Sunday, 27.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30 Yoga at Hotel Goldener Berg (Restorative)

Yoga Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00 Happy Afterwork at the Tannbergerhof

From 30 September to 30 November there are tempting afterwork specials at the Tannbergerhof.

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Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof



Monday, 28.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30 Yoga at Hotel Goldener Berg (lyengar & Restorative)

Iyengar Yoga Morning session 8.30 am - 9.30 am

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

10:30 Emotional Balance

Emotional Balance - The head technique for more inner peace

Time: 10.30 am - 12.00 pm Price: 25,- € per participant

Registration: happy@goldenerberg.at

15:00 - 16:00 Highest Vision Meditation with Anja Löhning

On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with

you from your holiday? Price 40 € per person Minimum 2 participants

When: Monday Time 3 pm

Where: Yoga room, Hotel Goldener Berg By pre-booking by Sunday evening at the latest. Individual coaching session (60 - 90 minutes): €150,-

Registration: happy@goldenerberg.at

18:00 Happy Afterwork at the Tannbergerhof

From 30 September to 30 November there are tempting afterwork specials at the Tannbergerhof.

Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof



Monday, 28.10.2024

Drink and Dine with Andreas Lugmayr Shop Vol%

Andreas Lugmayr is a passionate bartender and is dedicated to the art of pampering guests at exclusive events in the catering sector. Three years ago, he and two business partners founded the company ShopVolumes%, which specialises in importing high-quality, exclusive spirits and lemonades.

Price: € 180

18:30

incl. menu & wine pairing

Time: 6.30 pm

Booking: gasthof@rotewand.com

Tuesday, 29.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30 Yoga at Hotel Goldener Berg (lyengar & Restorative)

Iyengar Yoga Morning session 8.30 am - 9.30 am

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

16:00 Rote Wand Cookery Class

Embark on a culinary journey of discovery: From the fish pond through the vegetable gardens and raised beds, where fresh ingredients are collected for the menu. Prepare a 3-course menu yourself

with Jamie Unshelm, accompanied by wines or non-alcoholic drinks.

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Price per person: €170

Start: 4 pm

Registration at: gasthof@rotewand.com Where: Gasthof Hotel Rote Wand, Zug

18:00 Happy Afterwork at the Tannbergerhof

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Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof



Wednesday, 30.10.2024

Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof

08:30 - 09:30 Yoga at Hotel Goldener Berg (lyengar & Restorative)

lyengar Yoga Morning session 8.30 am - 9.30 am

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

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and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

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Every Tuesday

Price: €180 (masterclass & menu)

Start: 6.30 pm

Registration: gasthof@rotewand.com

Thursday, 31.10.2024

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Pumpkin delights at the Tannbergerhof

Reservation requested under T.: +43 5583 2202

Where: Hotel Tannbergerhof



Thursday, 31.10.2024

Yoga at Hotel Goldener Berg (Iyengar & Restorative) 08:30 - 09:30

Iyengar Yoga Morning session 8.30 am - 9.30 am

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

09:30 Yoga and brunch

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Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

18:00 Happy Afterwork at the Tannbergerhof

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Daily from 6 pm - 8 pm Where: Hotel Tannbergerhof

18:30 **Rote Wand Wine and Dine**

On Thursdays Jamie prepares a 6-course menu, accompanied by matching wines from our team.

Menu consisting of 6 large courses. Non-alcoholic beverage accompaniment is possible.

Price: €180 incl. menu & wine pairing Registration: gasthof@rotewand.com

Start: 6.30 pm

20:00 **Halloween Party**

Where: Tannbergerhof

Time: from 8 pm