

Events 27.09.2024 - 03.10.2024

Friday, 27.09.2024

- 08:20 Mountain breakfast with leg work**
Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.
Time: 8.20 am
Reservation: info@burghotel-lech.com or +43 5583 2291
- 08:30 - 09:30 Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)**
Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday
Sunday and Monday session: Vinyasa
Afternoon session 5.30 pm - 6.30 pm
Price per person: € 15,-
Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm
Registration at: happy@goldenerberg.at
Price per person: € 15,-
- 09:30 Yoga and brunch**
Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person
(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)
Where: Hotel Goldener Berg, Oberlech
Time: from 09:30 am
Registration: happy@goldenerberg.at
- 09:45 Lech Card - The geopath excursion**
Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.
Duration: approx. 3 hours
Registration: the day before by 5 p.m. at info@lechzuers.com or <https://anmeldung.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting place: Rüfiplatz Lech
- 14:00 - 16:00 Manufactory Lech**
Original products made in Lech
Opening hours: 2 pm - 4 pm
Where: Raiffeisenbank Lech
- 14:30 Café & cake panoramic tour Rüfikopf**
Café & cake panoramic ride Rüfikopf - the combination ticket
Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.
Prices: including ascent and descent: € 30
with valid cable car ticket: € 11,20

Events 27.09.2024 - 03.10.2024

Friday, 27.09.2024

15:00 - 18:00

Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!
Lech Museum and FMH Women's Museum Hittisau.

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

18:30

Rote Wand Masterclass

Fermentation Masterclass every Wednesday at 6.30 pm.

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Surprise Masterclass every Friday at 6.30 pm. Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia. Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.

Every Tuesday

Price: € 180 (masterclass & menu)

Start: 6.30 pm

Registration: gasthof@rotewand.com

19:08

Skyspace-Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell.

From 6 years on

Price: € 15,- per person, shuttle taxi € 10,-

Tickets: online <https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse>

Location: Skyspace-Lech

Saturday, 28.09.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

Events 27.09.2024 - 03.10.2024

Saturday, 28.09.2024

- 09:30** **Yoga and brunch**
Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person
(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)
Where: Hotel Goldener Berg, Oberlech
Time: from 09:30 am
Registration: happy@goldenerberg.at
- 14:30** **Café & cake panoramic tour Rüfikopf**
Café & cake panoramic ride Rüfikopf - the combination ticket
Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.
Prices: including ascent and descent: € 30
with valid cable car ticket: € 11,20
- 15:00 - 18:00** **Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**
An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!
Lech Museum and FMH Women's Museum Hittisau
When: 3 pm - 6 pm
Admission: voluntary donation
Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
Location: Lechmuseum Huber-Hus
- 16:00 - 23:00** **Strolz Oktoberfest**
Strolz Oktoberfest - It will be an evening full of live music, refreshing drinks, delicious food and of course lots of fun. On September 28, the gates to Sporthaus Strolz will open entirely under the motto "Oktoberfest". The live band "Katzasprung" provides rousing music and invites you to dance and sing along.
Opening hours: 4 pm - 11 pm
Location: Strolz Sport & Modehaus
- 17:30 - 18:30** **YIN YOGA**
YIN Yoga Morning session 8.30 am - 9.30 am
Afternoon session 5.30 pm - 6.30 pm
Price per person: € 15,-
Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm
Registration at: happy@goldenerberg.at
Price per person: € 15,-

Events 27.09.2024 - 03.10.2024

Sunday, 29.09.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

15:00 - 18:00

Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:30 - 18:30

YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

Events 27.09.2024 - 03.10.2024

Monday, 30.09.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30

Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

15:00

Highest Vision Meditation with Anja Löhning

On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday?

Price 40 € per person

Minimum 2 participants

When: Monday

Time 3 pm or 5 pm

Where: Yoga room, Hotel Goldener Berg

By pre-booking by Sunday evening at the latest.

Individual coaching session (60 - 90 minutes): € 150,-

Registration: happy@goldenerberg.at

Events 27.09.2024 - 03.10.2024

Monday, 30.09.2024

15:00 - 16:00

Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm

Price: € 10,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:30 - 18:30

YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

18:00

Sandhof terrace

Local/friends guest chefs at the village table - cook their favorite recipes for you - uncomplicated it should be - together at the big village table everyone eats together - it is ladled out of lavish bowls - like at a big family dinner.

Price: € 65,-

Time: 6 pm

Registration at: +435583 2298 or info@sandhof.at

Location: Hotel Sandhof, Lech

18:30

Bavarian cuisine with Vroni Siflinger-Lutz

Bavarian cuisine with Vroni Siflinger-Lutz

Monday, 30 September 2024 at 6 pm

Vroni Siflinger-Lutz lives in beautiful Upper Bavaria, where she runs her café and restaurant Stuerzer. She has twice won first place in TV cooking shows and shortly afterwards she had her own TV programme. Vroni lives tradition, loves her homeland and favours culinary delights and everything that has to do with enjoyment. Love, passion, regionality and sustainability play an important role in her cooking. She also reflects this on her Instagram channel (@_vroni_lutz_), where she shares new recipes with the world every day.

Price: € 180

incl. masterclass, menu, wine & water

Time: 6.30 pm

Registration: gasthof@roteward.com

Events 27.09.2024 - 03.10.2024

Tuesday, 01.10.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30

Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

16:00

Rote Wand Cookery Class

Embark on a culinary journey of discovery: From the fish pond through the vegetable gardens and raised beds, where fresh ingredients are collected for the menu. Prepare a 3-course menu yourself with Jamie Unshelm, accompanied by wines or non-alcoholic drinks.

Price per person: € 170

Start: 4 pm

Registration at: gasthof@rotewand.com

Where: Gasthof Hotel Rote Wand, Zug

17:00 - 18:00

Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

Events 27.09.2024 - 03.10.2024

Wednesday, 02.10.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30

Manufactory Lech

Original products made in Lech

Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

08:30 - 09:30

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Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

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Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

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(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

10:00

Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 02.10.2024)

Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

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Events 27.09.2024 - 03.10.2024

Wednesday, 02.10.2024

15:00 - 16:00

Kids Yoga at the Burg Hotel

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Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm

Price: € 10,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:00 - 18:00

Relax Yoga & Sound

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Time: 5 pm - 6 pm

Price: € 15,-

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Registration at: happy@goldenerberg.at

Price per person: € 15,-

18:30

Rote Wand Masterclass

Fermentation Masterclass every Wednesday at 6.30 pm.

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Surprise Masterclass every Friday at 6.30 pm. Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia. Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.

Every Tuesday

Price: € 180 (masterclass & menu)

Start: 6.30 pm

Registration: gasthof@rotewand.com

Events 27.09.2024 - 03.10.2024

Thursday, 03.10.2024

08:30 - 09:30

Good Morning Yoga

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Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30

Manufactory Lech

Original products made in Lech

Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

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Registration: happy@goldenerberg.at

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Café & cake panoramic ride Rüfikopf - the combination ticket

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with valid cable car ticket: € 11,20

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When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus



**Lech
Zürs** ARLBERG

More time, more space.

Events 27.09.2024 - 03.10.2024

Thursday, 03.10.2024

18:30

Rote Wand Wine and Dine

On Thursdays Jamie prepares a 6-course menu, accompanied by matching wines from our team. Menu consisting of 6 large courses. Non-alcoholic beverage accompaniment is possible.

Price: € 180 incl. menu & wine pairing

Registration: gasthof@rotewand.com

Start: 6.30 pm

