

## Events 20.09.2024 - 26.09.2024

### Friday, 20.09.2024

#### 27th Philosophicum Lech

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.

Topic 2024: Sand in the gears - A philosophy of disruption

Where: Lechwelten

From 17.09. - 22.09.2024

Programme and more information: [www.philosophicum.at](http://www.philosophicum.at)

08:20

#### Mountain breakfast with leg work

Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.

Time: 8.20 am

Reservation: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

08:30 - 09:30

#### Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

#### Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

12:30

#### Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau.

When: 12.30 - 18.00 o'clock

Admission: voluntary donation

Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

14:00 - 16:00

#### Manufactory Lech

Original products made in Lech

Opening hours: 2 pm - 4 pm

Where: Raiffeisenbank Lech

## Events 20.09.2024 - 26.09.2024

### Friday, 20.09.2024

- 14:30**      **Café & cake panoramic tour Rüfikopf**  
Café & cake panoramic ride Rüfikopf - the combination ticket  
Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.  
Prices: including ascent and descent: € 30  
with valid cable car ticket: € 11,20
- 18:30**      **Rote Wand Masterclass**  
Fermentation Masterclass every Wednesday at 6.30 pm.  
Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.  
  
Surprise Masterclass every Friday at 6.30 pm. Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia. Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.  
Every Tuesday  
Price: € 180 (masterclass & menu)  
Start: 6.30 pm  
Registration: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)
- 19:22**      **Skyspace- Lech Tour**  
During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell.  
Price: € 15,- per person, shuttle taxi € 10,-  
Tickets: online <https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse>  
Location: Skyspace-Lech

### Saturday, 21.09.2024

#### 27th Philosophicum Lech

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.  
Topic 2024: Sand in the gears - A philosophy of disruption  
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Events 20.09.2024 - 26.09.2024

Saturday, 21.09.2024

08:30 - 09:30

**Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)**

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

**Yoga and brunch**

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

10:30

**Rested and in the mood of brunch**

One of the wonderful things about a brunch is that anything goes. That's why the theme suits the Burg so well. You can sleep in longer, as brunch starts later than a traditional breakfast. Eggs, bread rolls and salmon can be accompanied by soups, casseroles and cakes. And, of course, it is the ideal time of day to start the first small party: with fine wines and live music.

Where: In good weather on the famous Burg sun terrace

Time: 10.30 am

Reservation: Please book in advance. At the Burg reception, by phone, or by email: [info@burghotel-lech.com](mailto:info@burghotel-lech.com)

12:30

**Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: 12.30 - 18.00 o'clock

Admission: voluntary donation

Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240

Location: Lechmuseum Huber-Hus



## Events 20.09.2024 - 26.09.2024

### Saturday, 21.09.2024

14:00

#### Foreaging and pasta making with Pimpinella

Ever since Steffi and Melissa met at the Slow Food University of Gastronomic Sciences in Italy in 2021, they have shared a deep passion for edible wild plants and traditional pasta making. This enthusiasm led to the creation of PIMPINELLA, a workshop series that combines both elements. In their workshops, Steffi and Melissa not only share the technical knowledge they have acquired through their experience in Michelin-starred restaurants, but also the joy of cooking together.

We are delighted that Steffi and Melissa will be joining us in September to organise a wild herbs and pasta workshop.

Time: 2 pm

Price: € 180

incl. Foreaging, pasta making workshop, wine and water

Registration: [gasthof@roteward.com](mailto:gasthof@roteward.com)

14:30

#### Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

17:30 - 18:30

#### YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

### Sunday, 22.09.2024

#### 27th Philosophicum Lech

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.

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## Events 20.09.2024 - 26.09.2024

### Sunday, 22.09.2024

08:30 - 09:30

#### Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

#### Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

11:00

#### Gourmet festival Koschina & Friends

Experience the culinary highlight of the year! At the '10th Koschina & Friends' on 22 September 2024, a unique afternoon of indulgence awaits you at the Rote Wand Gourmet Hotel. Look forward to a world-class line-up with top chefs such as Heinz Reitbauer, Andreas Caminada and Rosina Ostler for the talk and Dieter Koschina, Peter Hagen-Wiest, Parvin Razavi and many more who will spoil you with their creations. Enjoy an exciting talk from 11 am, aperitifs from 1 pm, culinary delights at various food stands from 2 pm and a convivial barbecue from 6 pm.

Price: € 199 per person

Reservations required at: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)

Where: Rote Wand Gourmet Hotel

14:30

#### Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

15:00 - 18:00

#### Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

## Events 20.09.2024 - 26.09.2024

### Sunday, 22.09.2024

17:30 - 18:30

#### YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

### Monday, 23.09.2024

08:30 - 09:30

#### Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: [info@burghotel-oberlech.com](mailto:info@burghotel-oberlech.com)

08:30 - 09:30

#### Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

#### Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

14:30

#### Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20



## Events 20.09.2024 - 26.09.2024

### Monday, 23.09.2024

- 15:00** **Highest Vision Meditation with Anja Löhning**  
On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday?  
Price 40 € per person  
Minimum 2 participants  
When: Monday  
Time 3 pm or 5 pm  
Where: Yoga room, Hotel Goldener Berg  
By pre-booking by Sunday evening at the latest.  
Individual coaching session (60 - 90 minutes): € 150,-  
Registration: happy@goldenerberg.at
- 15:00 - 16:00** **Kids Yoga at the Burg Hotel**  
Kids yoga at the Burg Hotel  
Weather permitting, the yoga session takes place in front of the hotel on the tennis court.  
Time: 3 pm - 4 pm  
Price: € 10,-  
Where: Burg Hotel, Oberlech  
Registration: info@burghotel-oberlech.com
- 18:00** **Dorftisch at Hotel Sandhof**  
Locals/friends guest chefs at the village table - cook their favourite recipes for you - it should be uncomplicated - everyone eats together at the big village table - it is served from sumptuous bowls - just like a big family meal.  
Price: € 65,-  
Start: 6 pm  
Registration: info@sandhof.at or T.: +43 5583 2298  
Where: Dorftisch, Hotel Sandhof

### Tuesday, 24.09.2024

- 08:30 - 09:30** **Good Morning Yoga**  
Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.  
Time: 8.30 am - 9.30 am  
Price: € 15,-  
Where: Burg Hotel, Oberlech  
Registration: info@burghotel-oberlech.com

Events 20.09.2024 - 26.09.2024

Tuesday, 24.09.2024

08:30 - 09:30

**Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)**

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

**Yoga and brunch**

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

14:30

**Café & cake panoramic tour Rüfikopf**

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

16:00

**Rote Wand Cookery Class**

Embark on a culinary journey of discovery: From the fish pond through the vegetable gardens and raised beds, where fresh ingredients are collected for the menu. Prepare a 3-course menu yourself with Jamie Unshelm, accompanied by wines or non-alcoholic drinks.

Price per person: € 170

Start: 4 pm

Registration at: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)

Where: Gasthof Hotel Rote Wand, Zug

17:00 - 18:00

**Relax Yoga & Sound**

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: [info@burghotel-lech.com](mailto:info@burghotel-lech.com)



**Events 20.09.2024 - 26.09.2024**

**Wednesday, 25.09.2024**

**08:30 - 09:30**

**Good Morning Yoga**

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: [info@burghotel-oberlech.com](mailto:info@burghotel-oberlech.com)

**08:30 - 09:30**

**Yoga at Hotel Goldener Berg (Hatha, Vinyasa, Iyengar)**

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

**09:30**

**Yoga and brunch**

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

**10:00**

**Lech Card: Zugertal hike**

We take the bus to Älepe. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 02.10.2024)

Meeting point: 10 am at the Rüfiplatz

Registration: online at [mylechcard.at](http://mylechcard.at) at the tourism office or phone: +43 5583 2161-0

**14:30**

**Café & cake panoramic tour Rüfikopf**

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

**15:00 - 16:00**

**Kids Yoga at the Burg Hotel**

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm

Price: € 10,-

Where: Burg Hotel, Oberlech

Registration: [info@burghotel-oberlech.com](mailto:info@burghotel-oberlech.com)

## Events 20.09.2024 - 26.09.2024

### Wednesday, 25.09.2024

17:00 - 18:00

#### Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30

#### YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

18:30

#### Rote Wand Masterclass

Fermentation Masterclass every Wednesday at 6.30 pm.

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Surprise Masterclass every Friday at 6.30 pm. Expand your culinary knowledge with changing themes: Every Friday we surprise you with new content. Examples include the carving of game from our own hunt, followed by a menu focussing on game, or the world of sourdough, including knowledge and the production of bread and focaccia. Menu of 4 large courses, accompanied by carefully selected wines and non-alcoholic drinks.

Every Tuesday

Price: € 180 (masterclass & menu)

Start: 6.30 pm

Registration: gasthof@rotewand.com

### Thursday, 26.09.2024

08:30 - 09:30

#### Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30

#### Manufactory Lech

Original products made in Lech

Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

Events 20.09.2024 - 26.09.2024

Thursday, 26.09.2024

08:30 - 09:30

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Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

Price per person: € 15,-

09:30

**Yoga and brunch**

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(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

11:00 - 18:00

**Tannberg Market**

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech

14:30

**Café & cake panoramic tour Rüfikopf**

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

18:30

**Rote Wand Wine and Dine**

On Thursdays Jamie prepares a 6-course menu, accompanied by matching wines from our team.

Menu consisting of 6 large courses. Non-alcoholic beverage accompaniment is possible.

Price: € 180 incl. menu & wine pairing

Registration: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)

Start: 6.30 pm