

Friday, 13.09.2024

Porsche Meeting Lech Zürs

The Porsche Meeting in Zürs from 12.09. - 15.09.2024 had to be cancelled due to weather conditions.

VORARLBERG CleanUP Days

Since 2019 @plasticfreepeaks organizes CleanUP Days, where volunteers go out to free nature from trash.

From 12.09. - 15.09.2024 the PATRON CleanUP Tour will make a stop in Vorarlberg and we as Destination Lech Zürs are part of it. You can register free of charge directly at: www.plasticfreepeaks.com/vorarlberg

Save the date in your calendar now and do something good for our nature together with family and friends. Every move counts. You too can take part!

A CleanUP kit consisting of a recyclable and reusable fabric bag and stainless steel tongs, can be picked up free of charge at various distribution points in Lech, Oberlech & Zürs before setting off. These will be located on the CleanUP Map 2 weeks in advance.

For more information on the process, "How to clean up", etc., please visit: https://www.plasticfreepeaks.com/vorarlberg

08:20 Mountain breakfast with leg work

Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am. Time: 8.20 am

Reservation: info@burghotel-lech.com or +43 5583 2291

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: € 15,-Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com

08:30 Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus
In case of bad weather it will take place at the sport.park.lech
Duration: 2-3 Stunden
Registration: until 5 pm the day before under info@lechzuers.com or
https://www.mylechcard.at/en/registration/
Tel.: +43 5583 2161
Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office
Meeting point: 8.30 am Dorfhus





Friday, 13.09.2024

08:30 - 09:30	Yoga at Hotel Goldener Berg Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
09:45	Lech Card - The geopath excursion Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years. Duration: approx. 3 hours Registration: the day before by 5 p.m. at info@lechzuers.com or https://anmeldung.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting place: Rüfiplatz Lech
14:00 - 16:00	Manufactory Lech Original products made in Lech Opening hours: 2 pm - 4 pm Where: Raiffeisenbank Lech
14:00 - 18:00	Small-caliber rifle For guests, emplyees and locals Time: 2 pm - 6 pm Location: Schützenheim Lech
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20





Friday, 13.09.2024

15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau. When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus
17:00 - 18:00	Relax Yoga & Sound Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com
17:30 - 18:30	YIN YOGA YIN Yoga Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: € 15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: € 15,-
19:36	Skyspace- Lech Tour During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turell. Price: €15,- per person, shuttle taxi €10,- Tickets: online https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse Location: Skyspace-Lech

Saturday, 14.09.2024

VORARLBERG CleanUP Days

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Save the date in your calendar now and do something good for our nature together with family and friends. Every move counts. You too can take part!

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https://www.plasticfreepeaks.com/vorarlberg





Saturday, 14.09.2024

	Walserspiele
	The 4th Walser Games take place for the first time in Lech am Arlberg. Start: 10:30 am
	Where: Pension Café Fritz - right next to Spielfeld Flühen Spectators are very welcome and can take part in the public games at any time
08:30 - 09:30	Yoga at Hotel Goldener Berg
	Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15,-
	Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:30	Yoga and brunch
	Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am
44-20	Registration: happy@goldenerberg.at
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere
	An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus
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Sunday, 15.09.2024

VORARLBERG CleanUP Days Since 2019 @plasticfreepeaks organizes CleanUP Days, where volunteers go out to free nature from trash. From 12.09. - 15.09.2024 the PATRON CleanUP Tour will make a stop in Vorarlberg and we as Destination Lech Zürs are part of it. You can register free of charge directly at: www.plasticfreepeaks.com/vorarlberg Save the date in your calendar now and do something good for our nature together with family and friends. Every move counts. You too can take part! A CleanUP kit consisting of a recyclable and reusable fabric bag and stainless steel tongs, can be picked up free of charge at various distribution points in Lech, Oberlech & Zürs before setting off. These will be located on the CleanUP Map 2 weeks in advance. For more information on the process, "How to clean up", etc., please visit: https://www.plasticfreepeaks.com/vorarlberg 08:30 - 09:30 Yoga at Hotel Goldener Berg Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15.-Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-Yoga and brunch

03.30	
	Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person
	(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am
	Registration: happy@goldenerberg.at
14:30	Café & cake panoramic tour Rüfikopf
	Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere
	An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus



00.30



Sunday, 15.09.2024	
17:30 - 18:30	YIN YOGA YIN Yoga Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
	Monday, 16.09.2024
08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
08:30 - 09:30	Yoga at Hotel Goldener Berg Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:20	Lech Card - Herbs hiking tour With herbal educator Veronika Walch Duration: 3 hours Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.20 am Rüfiplatz Bad weather: We also offer a herbal experience in bad weather! The alternative programme takes place in the Lech herbal workshop. Together we make herbal products such as herbal salt or balm.
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at





Monday, 16.09.2024 14:30 Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: €11,20 15:00 Highest Vision Meditation with Anja Löhning On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday? Price 40 € per person Minimum 2 participants When: Monday Time 3 pm or 5 pm Where: Yoga room, Hotel Goldener Berg By pre-booking by Sunday evening at the latest. Individual coaching session (60 - 90 minutes): €150,-Registration: happy@goldenerberg.at 15:00 - 16:00 Kids Yoga at the Burg Hotel Kids yoga at the Burg Hotel Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 3 pm - 4 pm Price: €10,-Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com 17:30 - 18:30 **YIN YOGA** YIN Yoga Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,-Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-18:00 Sepp what are you doing? with Sepp Schellhorn Sepp Schellhorn is an entrepreneur, restaurateur, philanthropist and patron of the arts. Father of 3 grown-up children. Author of cookery books. In the meantime also a lobbyist for an independent interest group and politically active in the Austrian National Council. Everyone knows Sepp's Instagram videos (@pepssch) under the title 'Sepp what are you doing?'. In September, he will be joining us for an evening on the topic of mirrors. What does that mean? For example, there will be Beuscherl and vegan Beuscherl or duck and vegan duck. Be curious! We are looking forward to it. Price: €180 incl. masterclass, menu and wine pairing

Reservation: gasthof@rotewand.com





Tuesday, 17.09.2024

	27th Philosophicum Lech For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.
	Topic 2024: Sand in the gears - A philosophy of disruption Where: Lechwelten From 17.09 22.09.2024 Programme and more information: www.philosophicum.at
08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in
	front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
08:30 - 09:30	Yoga at Hotel Goldener Berg
	Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:30	Yoga and brunch
	Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
14:30	Café & cake panoramic tour Rüfikopf
	Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
17:00 - 18:00	Relax Yoga & Sound
	Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com





	Tuesday, 17.09.2024
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	Wednesday, 18.09.2024
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08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
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09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at





Wednesday, 18.09.2024	
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
15:00 - 16:00	Kids Yoga at the Burg Hotel Kids yoga at the Burg Hotel Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 3 pm - 4 pm Price: €10,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
17:00 - 18:00	Relax Yoga & Sound Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com
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08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com



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Thursday, 19.09.2024

08:30 - 09:30	Yoga at Hotel Goldener Berg Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
11:00 - 18:00	Tannberg Market Delicious local products and craftsmanship Location: Rüfiplatz square Lech
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
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