

# Friday, 13.09.2024

### Porsche Meeting Lech Zürs

The Porsche Meeting in Zürs from 12.09. - 15.09.2024 had to be cancelled due to weather conditions.

#### 08:20 Mountain breakfast with leg work

Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.

Time: 8.20 am

Reservation: info@burghotel-lech.com or +43 5583 2291

### 08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

#### 08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

#### 09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

### 14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20





# Friday, 13.09.2024

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and

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Price per person: €15,-

19:36 Skyspace- Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special

work of art by James Turell.

Price: €15,- per person, shuttle taxi €10,-

Tickets: online https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse

Location: Skyspace-Lech

### Saturday, 14.09.2024

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15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

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# Sunday, 15.09.2024

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Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

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Registration at: happy@goldenerberg.at

Price per person: €15,-

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## Monday, 16.09.2024

08:30 - 09:30 Good Morning Yoga

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#### 15:00 Highest Vision Meditation with Anja Löhning

On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with

you from your holiday? Price 40 € per person Minimum 2 participants

When: Monday Time 3 pm or 5 pm

Where: Yoga room, Hotel Goldener Berg By pre-booking by Sunday evening at the latest. Individual coaching session (60 - 90 minutes): €150,-

Registration: happy@goldenerberg.at

### 15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: €10.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

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## Monday, 16.09.2024

### 18:00 Sepp what are you doing? with Sepp Schellhorn

Sepp Schellhorn is an entrepreneur, restaurateur, philanthropist and patron of the arts. Father of 3 grown-up children. Author of cookery books. In the meantime also a lobbyist for an independent interest group and politically active in the Austrian National Council. Everyone knows Sepp's Instagram videos (@pepssch) under the title 'Sepp what are you doing?'. In September, he will be joining us for an evening on the topic of mirrors. What does that mean? For example, there will be Beuscherl and vegan Beuscherl or duck and vegan duck. Be curious! We are looking forward to it.

Price: €180 incl. masterclass, menu and wine pairing

Reservation: gasthof@rotewand.com

# Tuesday, 17.09.2024

### 27th Philosophicum Lech

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.

Topic 2024: Sand in the gears - A philosophy of disruption

Where: Lechwelten From 17.09. - 22.09.2024

Programme and more information: www.philosophicum.at

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08:30 - 11:30 **Manufactory Lech** 

> Original products made in Lech Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech



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### 10:00 Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the

Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 15.09.2024) Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

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Time: from 09:30 am

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11:00 - 18:00 Tannberg Market

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech

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