

Friday, 06.09.2024

08:20 Mountain breakfast with leg work

Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.

Time: 8.20 am

Reservation: info@burghotel-lech.com or +43 5583 2291

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.30 am Dorfhus

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at



Friday, 06.09.2024

09:45 Lech Card - The geopath excursion

Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone

witnesses" on the way through millions of years.

Duration: approx. 3 hours

Registration: the day before by 5 p.m. at info@lechzuers.com or

https://anmeldung.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech

09:45 Lech Card Childrens programme - Games day at swimming pool or climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

14:00 - 16:00 Manufactory Lech

Original products made in Lech Opening hours: 2 pm - 4 pm Where: Raiffeisenbank Lech

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau.

When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com



Friday, 06.09.2024

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

19:50 Skyspace-Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special

work of art by James Turell.

Price: €15,- per person, shuttle taxi €10,-

Tickets: online

Location: Skyspace-Lech

Saturday, 07.09.2024

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

10:00 Alpine Party on the Kriegeralpe

Auf da Alm, do bin I gern

If you haven't yet experienced the "Hüttengaudi" at our "little castle", you've missed out on a few things. Among other things: homemade cheese dumplings according to Grandma Helga's recipe and

Tyrolean gröstl. Best party atmosphere and live music. All at 2,000 metres above sea level.

Reservations requested under +43558322910, at the Hotel Burg reception, at the Kriegeralpe or by

e-mail: info@burghotel-lech.com

Start: 10 am



Saturday, 07.09.2024

12:00 - 14:00 BBQ at the Seekopf Bergrestaurant

Where: Seekopf mountain restaurant

Time: 12 - 2pm

Price: €29,50/person (all you can eat)

Only in good weather!

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

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When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

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Location: Lechmuseum Huber-Hus

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Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

19:00 Gourmet evening at Aurelio's

Every Thursday and Saturday between 01.08 and 12.09.2024 the gourmet evening takes place at

Aurelio's.

Experience a unique gourmet evening at Hotel Aurelio.

Enjoy culinary highlights in an elegant atmosphere and let the Aurelio team spoil you.

Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

20:30 Reading with Ljuba Arnautovic

Ljuba Arnautovic tells "in clear, poetic language, without sentimentality" (Ö1) about herself - and the

upheavals of a century. Where: Hotel Sonnenburg

Time: 8.30 pm Admission is free.

Please book at events@sonnenburg.at or directly at the Sonnenburg reception.

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Sunday, 08.09.2024

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court

front of the hotel on the tennis court. Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30 Yoga at Hotel Goldener Berg

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Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the

canyon

Age: from 8 years Swimming skills required

10:30 Balcony concerts at Aparthotel Filomena

Time: from 10.30 am to approx. 1.00 pm Breakfast brunch with live music (piano and singing)

Music contribution without breakfast buffet/brunch €8,-

Breakfast buffet (classic breakfast buffet, egg dishes, hot drinks) incl. music contribution €28,-Brunch (classic breakfast buffet extended by a sausage kettle from approx. 11.30 a.m.) incl. music €

Drinks according to the drinks menu

Pizza's can also be ordered from approx. 11.30 am - delivery by Don Enzo

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Pre-registration requested info@filomena.at or T. 0664/46 48 421 (message or phone call)

Please specify: breakfast buffet or brunch



Sunday, 08.09.2024

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

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Location: Lechmuseum Huber-Hus

15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: €10.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at



Monday, 09.09.2024

Ramen & Sushi Cookery Classes with Mochi Vienna

The new Mochi cookery workshop KŌBŌ has created a place for cooking, creativity and sharing. How do you conjure up nigiri, sashimi and the popular mochi sushi rolls yourself? And what does it take to make authentic ramen, from the broth to the topping? Takeshi, head of the KŌBŌ cooking classes, will be sharing the necessary expertise on 9 September (sushi) and 10 September (ramen) at the Rote Wand.

Two-day ramen and sushi cooking class with overnight stay (8 to 11 September) from EUR 650 Two-day ramen and sushi cookery class without overnight stay from EUR 380

One-day cookery class ramen or sushi from EUR 200

Book now: gasthof@rotewand.com

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:20 Lech Card - Herbs hiking tour

With herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.20 am Rüfiplatz

Bad weather:

We also offer a herbal experience in bad weather! The alternative programme takes place in the Lech herbal workshop. Together we make herbal products such as herbal salt or balm.

Yoga and brunch

09:30

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at





Monday, 09.09.2024

09:45 Lech Card - Family Program Climbing

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

15:00 Highest Vision Meditation with Anja Löhning

On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these

signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with

you from your holiday? Price 40 € per person Minimum 2 participants When: Monday

When: Monday Time 3 pm or 5 pm

Where: Yoga room, Hotel Goldener Berg By pre-booking by Sunday evening at the latest. Individual coaching session (60 - 90 minutes): €150,-

Registration: happy@goldenerberg.at

15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: €10.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

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session until 3 pm

Registration at: happy@goldenerberg.at



Tuesday, 10.09.2024

Ramen & Sushi Cookery Classes with Mochi Vienna

The new Mochi cookery workshop KŌBŌ has created a place for cooking, creativity and sharing. How do you conjure up nigiri, sashimi and the popular mochi sushi rolls yourself? And what does it take to make authentic ramen, from the broth to the topping? Takeshi, head of the KŌBŌ cooking classes, will be sharing the necessary expertise on 9 September (sushi) and 10 September (ramen) at the Rote Wand.

Two-day ramen and sushi cooking class with overnight stay (8 to 11 September) from EUR 650 Two-day ramen and sushi cookery class without overnight stay from EUR 380

One-day cookery class ramen or sushi from EUR 200

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Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

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Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

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Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the

canyon

Age: from 8 years Swimming skills required



Tuesday, 10.09.2024

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

Wednesday, 11.09.2024

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30 Manufactory Lech

Original products made in Lech Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

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Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at



Wednesday, 11.09.2024

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

10:00 Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the

Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 15.09.2024) Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

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15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: € 10.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

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Afternoon session 5.30 pm - 6.30 pm

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session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

Thursday, 12.09.2024

VORARLBERG CleanUP Days

Since 2019 @plasticfreepeaks organizes CleanUP Days, where volunteers go out to free nature from trash.

From 12.09. - 15.09.2024 the PATRON CleanUP Tour will make a stop in Vorarlberg and we as Destination Lech Zürs are part of it. You can register free of charge directly at:

www.plasticfreepeaks.com/vorarlberg

Save the date in your calendar now and do something good for our nature together with family and friends. Every move counts. You too can take part!

A CleanUP kit consisting of a recyclable and reusable fabric bag and stainless steel tongs, can be picked up free of charge at various distribution points in Lech, Oberlech & Zürs before setting off. These will be located on the CleanUP Map 2 weeks in advance.

For more information on the process, "How to clean up", etc., please visit:

https://www.plasticfreepeaks.com/vorarlberg

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Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30 Manufactory Lech

Original products made in Lech Opening hours: 8.30 am - 11.30 am Where: Raiffeisenbank Lech

08:30 Porsche Meeting Lech Zürs

Porsche Meeting in Zürs Where: Hotel Enzian When: 12.09. - 15.09.2024

More information: https://www.lechzuers.com/en/porsche-meeting-lech-zuers

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Thursday, 12.09.2024

08:30 - 09:30 Yoga at Hotel Goldener Berg

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Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

11:00 - 18:00 Tannberg Market

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

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Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214