

Friday, 30.08.2024

08:20 Mountain breakfast with leg work

Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.

Time: 8.20 am

Reservation: info@burghotel-lech.com or +43 5583 2291

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.30 am Dorfhus

08:30 Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast:

incl. accent and descent: £ 13.80

incl. ascent and descent: €43,80 incl. ascent for hikers: €38,80 with valid cable car ticket: €25,80

Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-



Friday, 30.08.2024

09:15 E-Bike Weekend with Bernhard Huber

Programm: 9.15 - 10.15 am: Equipment check of the participants, division into 2 groups, bike set-up,

warm-up, riding technique training 1 10.30 - 15.30: Guided e-bike tour

Good to know: Our e-bike weekend is also suitable for beginners. From easy to difficult - there is a

suitable route for every fitness level.

Price: €100 per day Age: from 16 years

Booking: info@burghotel-lech.com

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45 Lech Card - The geopath excursion

Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone

witnesses" on the way through millions of years.

Duration: approx. 3 hours

Registration: the day before by 5 p.m. at info@lechzuers.com or

https://anmeldung.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech

09:45 Lech Card Childrens programme - Games day at swimming pool or climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

14:00 - 16:00 Manufactory Lech

Original products made in Lech Opening hours: 2 pm - 4 pm Where: Raiffeisenbank Lech

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech



Friday, 30.08.2024

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau.

When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

16:00 Children's games festival

When: Friday, 30.08.2024 Where: Aparthotel Filomena Time: 4 pm - 5.30 pm

At 6 pm the children's games will end and the play area can still be used

All children are welcome!

There are great games such as sack races, egg races, table tennis, go karts, play tower, trampoline,

slide cars...and much more.

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

18:00 Fondue evening on the Rüfikopf

The culmination of the week with a very special atmosphere at Rüfikopf!

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From July to September, a tasty meat or cheese fondue is served at sunset in the Rüfikopf

panorama restaurant.

Price: €65,- (without drinks)

Registration & reservation until Friday 3 pm at the Rüfikopf Panorama Restaurant, phone +43 5583

2336 - 278



Friday, 30.08.2024

18:00 Rüfikopf adventure evening

Exclusive ascent from 6 pm every half hour with the

hour with the Rüfikopf cable car

Valley ride: every half an hour until 09.30 pm

Price evening ride €26,50 free for Lech Card holders

and children up to 14 years

No registration required! Cancellation in case of strong wind, precipitation or danger of

thunderstorms!

Location: Panoramic restaurant Rüfikopf

18:45 Sunsethike Rüfikopf

Every Friday in July and August, the Rüfikopf cable car runs for longer in good weather conditions exclusively for Lech Card holders. From the Rüfikopf you can enjoy the sunset and then hike with a guide from Arlberg Alpin to Monzabonsee. From there, it's back to the last rays of sunshine on the Rüfikopf and then back down into the valley with a view of Lech am Arlberg. The start time for the guided tour depends on the date.

Time: 6.45 pm

Duration: approx. 2 hours

Meeting point: Rüfikopf valley station

Equipment: We recommend ankle-high mountain boots with profiled soles for the hike.

Registration: The day before by 5:00 p.m. at info@lechzuers.com or online

T.: +43 5583 2161

20:04 Skyspace-Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turell.

Price: €15,- per person, shuttle taxi €10,-

Tickets: online https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse

Location: Skyspace-Lech

Saturday, 31.08.2024

15 years Aurelio

Celebrate the 15th anniversary of Hotel Aurelios together with us and our long-standing guests! Look forward to musical highlights and a variety of culinary delights.

On Sunday, 1 September 2024, we invite you to a special anniversary brunch to celebrate this milestone together. Be part of this unforgettable weekend full of enjoyment and memories.

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

Where: Hotel Aurelio



Saturday, 31.08.2024

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!

Ride on the Rüfikopf cable car incl. breakfast:

incl. ascent and descent: €43,80 incl. ascent for hikers: €38,80 with valid cable car ticket: €25,80

Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

08:30 - 09:30 Yoga at Hotel Goldener Berg

08:30

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15.-

09:15 E-Bike Weekend with Bernhard Huber

Programm: 9.15 - 10.15 a.m.: Riding technique training 2

10.30 - 15.30: Guided e-bike tour

Good to know: Our e-bike weekend is also suitable for beginners. From easy to difficult - there is a

suitable route for every fitness level.

Price: €100 per day Age: from 16 years

Booking: info@burghotel-lech.com

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

10:30 Rested and in the mood of brunch

One of the wonderful things about a brunch is that anything goes. That's why the theme suits the Burg so well. You can sleep in longer, as brunch starts later than a traditional breakfast. Eggs, bread rolls and salmon can be accompanied by soups, casseroles and cakes. And, of course, it is the ideal time of day to start the first small party: with fine wines and live music.

Time: 10.30 am

Where: In good weather on the famous Burg sun terrace.

Reservation: Please book in advance. At the Burg reception, by phone, or by email: info@burghotel-

lech.com



Saturday, 31.08.2024

12:00 - 14:00 BBQ at the Seekopf Bergrestaurant

Where: Seekopf mountain restaurant

Time: 12 - 2pm

Price: €29,50/person (all you can eat)

Only in good weather!

12:00 BBQ with Stevy

Where: Hotel Enzian sun terrace Zürs

Time: from 12:00 pm

Book a table under: +43 5583 22420

14:30 Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece

of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: €30

with valid cable car ticket: €11,20

15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

19:00 Gourmet evening at Aurelio's

Every Thursday and Saturday between 01.08 and 12.09.2024 the gourmet evening takes place at

Aurelio's.

Experience a unique gourmet evening at Hotel Aurelio.

Enjoy culinary highlights in an elegant atmosphere and let the Aurelio team spoil you.

Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214



Sunday, 01.09.2024

15 years Aurelio

Celebrate the 15th anniversary of Hotel Aurelios together with us and our long-standing guests! Look forward to musical highlights and a variety of culinary delights.

On Sunday, 1 September 2024, we invite you to a special anniversary brunch to celebrate this milestone together. Be part of this unforgettable weekend full of enjoyment and memories.

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

Where: Hotel Aurelio

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 15.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:15 E-Bike Weekend with Bernhard Huber

Programm: 9.15 - 10.15 a.m.: Riding technique training 3

10.30 - 14.00: Guided e-bike tour

Good to know: Our e-bike weekend is also suitable for beginners. From easy to difficult - there is a

suitable route for every fitness level.

Price: €100 per day Age: from 16 years

Booking: info@burghotel-lech.com

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

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Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at





Sunday, 01.09.2024

09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the

canyon

Age: from 8 years Swimming skills required

15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: € 10.-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-



Monday, 02.09.2024

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:20 Lech Card - Herbs hiking tour

With herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.20 am Rüfiplatz

Bad weather:

We also offer a herbal experience in bad weather! The alternative programme takes place in the

Lech herbal workshop. Together we make herbal products such as herbal salt or balm.

09:30 Lech Card - E-Bike "Improve your skills"

Please take your own e-bike with you, otherwise these can also be rented from our sport shops.

Duration: about 2 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.30 am, Dorfhus

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45 Lech Card - Family Program Climbing

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

Meeting point: 9.45 am at the Arlberg Alpin office Filomena



Monday, 02.09.2024

09:45 Lech Card Childrens programme - Games day at swimming pool or surprise

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm Price: € 10,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

18:30 Fine pork with Alexandra Palla and Roman Thum

Viennese designer Alexandra Palla combines her culinary passion with a modern lifestyle and ensures that traditional Viennese cuisine is not lost. Within just a few years, she has published two cookery books, 'Meine Sommerfrische Küche' and 'Put a Lot of Love in It'. With her label Palla Vienna, she develops a characteristic clothing line made from the typical fabrics whose patterns are reminiscent of tea towel fabrics. The unmistakable check continues to inspire her and is also used for a tableware series with Feinedinge* Vienna, which is also used in the catering industry. She is a guest at Friends & Fools with her cousin Roman Thum, who is the fifth generation to run the family business Thum Schinken. Together, they will take you on a journey into the world of conscious and mindful handling of pork with a multi-course menu on the theme of 'Fine Pork'. A contemporary 'nose to tail' cuisine is presented with great respect for animal welfare.

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€ 180 incl. menu and wine accompaniment Registration: gasthof@rotewand.com



Tuesday, 03.09.2024

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

08:45 Lech Card - Pilates with Uli Alber

Pilates exercises to increase coordination, stamina and concentration with Uli Alber

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus

09:30 Lech Card - E-Bike "Practice your skills"

Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.

Duration: about 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161 Meeting point: Dorfhus

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at



Tuesday, 03.09.2024

09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the

canyon

Age: from 8 years Swimming skills required

09:45 Lech Card Childrens programme - Archery or canyoning

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161 Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

Wednesday, 04.09.2024

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08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30 Manufactory Lech

Original products made in Lech Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech



Wednesday, 04.09.2024

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45 Lech Card Kids programme- Climbing or Surprise

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech

10:00 Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the

Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 15.09.2024) Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard at at the tourism office or phone: +43 5583 2161-0

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

15:00 - 16:00 Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

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Time: 3 pm - 4 pm Price: € 10,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com



Wednesday, 04.09.2024

17:00 - 18:00 Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

Thursday, 05.09.2024

08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in

front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €15,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30 - 11:30 Manufactory Lech

Original products made in Lech Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

08:30 - 09:30 Yoga at Hotel Goldener Berg

Hatha Yoga Morning session 8.30 am - 9.30 am Tuesday - Saturday

Sunday and Monday session: Vinyasa Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

09:30 Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga

and breakfast for 45,-- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at





Thursday, 05.09.2024

09:45 Lech Card Childrens programme - Archery or canyoning

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161 Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

11:00 - 18:00 Tannberg Market

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech

17:30 - 18:30 YIN YOGA

YIN Yoga Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: €15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon

session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: €15,-

19:00 Gourmet evening at Aurelio's

Every Thursday and Saturday between 01.08 and 12.09.2024 the gourmet evening takes place at

Aurelio's.

Experience a unique gourmet evening at Hotel Aurelio.

Enjoy culinary highlights in an elegant atmosphere and let the Aurelio team spoil you.

Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214