

# Friday, 23.08.2024

#### Strolz Summer Sale

-----

	From 22.08 - 25.08.2024 you have the opportunity to get hold of many beautiful pieces from top brands at incredible prices. Visit us at Sporthaus Strolz in Lech and secure your bargains. During these four days we offer you an exclusive selection of fashion, shoes, leisurewear and accessories. Our dedicated team is looking forward to helping you find your new favourite pieces. Opening hours: Thursday - Saturday: 9 am - 6 pm and Sunday: 2 - 6 pm
	<b>The Burg Golf Trophy</b> The highlight of our golf year is the traditional Burg Golf Trophy. The tournament is played on various courses in Vorarlberg. Golf pro Niki Ferrari accompanies the tournament, gives tips and shows tricks. During the tournament there is a fascinating supporting programme with an evening in a mountain hut - followed by a fittingly stylish final evening with a festive gala menu. When: 18 - 25 August 2024 Registration: Please send an email to info@burghotel-lech.com or let us know directly when booking.
08:20	Mountain breakfast with leg work
	Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am. Time: 8.20 am Reservation: info@burghotel-lech.com or +43 5583 2291
08:30 - 09:30	Good Morning Yoga
	Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
08:30	Lech Card - Yoga on the mountain
	Mats can be rented from Lech Zürs Tourismus In case of bad weather it will take place at the sport.park.lech Duration: 2-3 Stunden Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office Meeting point: 8.30 am Dorfhus





Friday, 23.08.2024		
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: $\in$ 43,80 incl. ascent for hikers: $\in$ 38,80 with valid cable car ticket: $\notin$ 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278	
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at	
09:45	Lech Card - The geopath excursion Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years. Duration: approx. 3 hours Registration: the day before by 5 p.m. at info@lechzuers.com or https://anmeldung.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting place: Rüfiplatz Lech	
09:45	Lech Card Childrens programme - Games day at swimming pool or climbing Children between 5 and 14 years Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech	





# Friday, 23.08.2024

10:00	Running camp with Sabine Reiner
	The Arlberg region, especially Lech Zürs, has a very special appeal for runners. The ambience with the high mountains, the mostly bright blue sky, the sun, the fresh air, the people, the different running routes, whether in summer or winter, are truly breathtaking. The altitude of Lech Zürs also provides optimal training conditions with positive after-effects. These after-effects can be seen in the recovery, ability to regenerate and increased performance. Price: Running camp can be booked individually without overnight stay on request: €240 per person Minimum number of participants: 5 persons / maximum 12 persons
	Registration: sabine-reiner@gmx.at More information at https://www.sabinereiner.com/page/laufcamps/
10:30	Pilates with Anna
	Drop in and take part in the Pilates course with a marvellous panoramic view. Beginners or advanced, everyone is welcome. Booking is necessary. Pilates is a holistic workout and is characterised by slow, flowing and controlled movements accompanied by calm, deep breathing. Price: €15 Time: 10.30 - 11.30 am Where: Hotel Goldener Berg Registration: happy@goldenerberg.at or T: +43 5583 22050
14:00 - 16:00	Manufactory Lech
	Original products made in Lech Opening hours: 2 pm - 4 pm Where: Raiffeisenbank Lech
14:00 - 18:00	Small-caliber rifle
	For guests, emplyees and locals Time: 2 pm - 6 pm Location: Schützenheim Lech
14:30	Café & cake panoramic tour Rüfikopf
	Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere
	An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau. When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus





# Friday, 23.08.2024

17:00 - 18:00	Relax Yoga & Sound Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com
17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
18:00	Fondue evening on the Rüfikopf The culmination of the week with a very special atmosphere at Rüfikopf! From July to September, a tasty meat or cheese fondue is served at sunset in the Rüfikopf panorama restaurant. Price: € 65,- (without drinks) Registration & reservation until Friday 3 pm at the Rüfikopf Panorama Restaurant, phone +43 5583 2336 - 278
18:00	Rüfikopf adventure evening Exclusive ascent from 6 pm every half hour with the hour with the Rüfikopf cable car Valley ride: every half an hour until 09.30 pm Price evening ride € 26,50 free for Lech Card holders and children up to 14 years No registration required! Cancellation in case of strong wind, precipitation or danger of thunderstorms! Location: Panoramic restaurant Rüfikopf
18:45	Sunsethike Rüfikopf Every Friday in July and August, the Rüfikopf cable car runs for longer in good weather conditions exclusively for Lech Card holders. From the Rüfikopf you can enjoy the sunset and then hike with a guide from Arlberg Alpin to Monzabonsee. From there, it's back to the last rays of sunshine on the Rüfikopf and then back down into the valley with a view of Lech am Arlberg. The start time for the guided tour depends on the date. Time: 6.45 pm Duration: approx. 2 hours Meeting point: Rüfikopf valley station Equipment: We recommend ankle-high mountain boots with profiled soles for the hike. Registration: The day before by 5:00 p.m. at info@lechzuers.com or online T.: +43 5583 2161





### Friday, 23.08.2024

### 20:18 Skyspace-Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turell. From 6 years on

rice: 615 per person abutt

Price: €15,- per person, shuttle taxi €10,-

Tickets: online https://www.lechzuers.com/de/kultur-und-lifestyle/tickets-buchen/erlebnisse Location: Skyspace-Lech

# Saturday, 24.08.2024

#### Strolz Summer Sale

STROLZ SUMMER SALE up to -70%

From 22.08 - 25.08.2024 you have the opportunity to get hold of many beautiful pieces from top brands at incredible prices. Visit us at Sporthaus Strolz in Lech and secure your bargains. During these four days we offer you an exclusive selection of fashion, shoes, leisurewear and accessories. Our dedicated team is looking forward to helping you find your new favourite pieces. Opening hours: Thursday - Saturday: 9 am - 6 pm and Sunday: 2 - 6 pm

#### The Burg Golf Trophy

The highlight of our golf year is the traditional Burg Golf Trophy. The tournament is played on various courses in Vorarlberg. Golf pro Niki Ferrari accompanies the tournament, gives tips and shows tricks. During the tournament there is a fascinating supporting programme with an evening in a mountain hut - followed by a fittingly stylish final evening with a festive gala menu. When: 18 - 25 August 2024

Registration: Please send an email to info@burghotel-lech.com or let us know directly when booking.

### 08:00 - 15:00 The White Ring - The Trailchallenge

The White Ring is the legendary ski circuit in Lech Zürs am Arlberg. Every year in January, alpine racers venture onto the demanding track in order to master it as quickly as possible. And in the summer of 2024, the White Ring - The Trailchallenge - leads trail runners and mountain runners in the opposite direction along the White Ring from Lech to Zug, Zürs and back to Lech. The White Ring – The Trailchallenge will take place on the 24 August 2024 in Lech Zürs am Arlberg. The race runs in the opposite direction along the legendary ski circuit "Der Weiße Ring" and is a challenge in many ways. With an ascent of 2,300 metres and 25 kilometres, the course is a real challenge that can be mastered alone or as a team.

#### 08:30 S

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: €43,80 incl. ascent for hikers: €38,80 with valid cable car ticket: €25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278





# Saturday, 24.08.2024

08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: € 15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: € 15,-
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
10:30	Pilates with Anna Drop in and take part in the Pilates course with a marvellous panoramic view. Beginners or advanced, everyone is welcome. Booking is necessary. Pilates is a holistic workout and is characterised by slow, flowing and controlled movements accompanied by calm, deep breathing. Price: €15 Time: 10.30 - 11.30 am Where: Hotel Goldener Berg Registration: happy@goldenerberg.at or T: +43 5583 22050
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus





# Saturday, 24.08.2024

17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
18:30	Wine and Dine with Maria and Sepp Muster The biodynamic winery Maria and Sepp Muster is located in Schlossberg, southern Styria. Their focus is on letting and becoming and the time factor. This way of winemaking, based on tradition and craftsmanship, creates space for the soul of the wine and makes technical interventions and chemical aids superfluous. Wines that have 'become' in this way are not subject to any particular style. Rather, they are personalities that play out their origin, the character of the soil and the vintage in their individuality.
	A multi-course menu prepared by Jamie Unshelm, Head of the Rote Wand Culinary Lab, will be accompanied by the long-lasting, authentic and unmistakable wines of Maria and Sepp. Great anticipation! Price: € 180 incl. menu & wine pairing Registration: gasthof@rotewand.com Start: 6.30 pm
19:00	Gourmet evening at Aurelio's Every Thursday and Saturday between 01.08 and 12.09.2024 the gourmet evening takes place at Aurelio's. Experience a unique gourmet evening at Hotel Aurelio. Enjoy culinary highlights in an elegant atmosphere and let the Aurelio team spoil you. Start: 7 pm Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
	Sunday, 25,08,2024

### Strolz Summer Sale

STROLZ SUMMER SALE up to -70%

From 22.08 - 25.08.2024 you have the opportunity to get hold of many beautiful pieces from top brands at incredible prices. Visit us at Sporthaus Strolz in Lech and secure your bargains. During these four days we offer you an exclusive selection of fashion, shoes, leisurewear and accessories. Our dedicated team is looking forward to helping you find your new favourite pieces. Opening hours: Thursday - Saturday: 9 am - 6 pm and Sunday: 2 - 6 pm





# Sunday, 25.08.2024

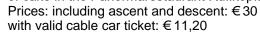
	Cunady, 20.00.2024
	<b>The Burg Golf Trophy</b> The highlight of our golf year is the traditional Burg Golf Trophy. The tournament is played on various courses in Vorarlberg. Golf pro Niki Ferrari accompanies the tournament, gives tips and shows tricks. During the tournament there is a fascinating supporting programme with an evening in a mountain hut - followed by a fittingly stylish final evening with a festive gala menu. When: 18 - 25 August 2024 Registration: Please send an email to info@burghotel-lech.com or let us know directly when booking.
08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: $\leq$ 43,80 incl. ascent for hikers: $\leq$ 38,80 with valid cable car ticket: $\leq$ 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at





Sunday, 25.08.2024

09:45	Lech Card - Family Programme Canyoning Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161 Meeting point: 9.45 am at the Arlberg Alpin office Filomena To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon Age: from 8 years Swimming skills required
10:30	Pilates with Anna Drop in and take part in the Pilates course with a marvellous panoramic view. Beginners or advanced, everyone is welcome. Booking is necessary. Pilates is a holistic workout and is characterised by slow, flowing and controlled movements accompanied by calm, deep breathing. Price: €15 Time: 10.30 - 11.30 am Where: Hotel Goldener Berg Registration: happy@goldenerberg.at or T: +43 5583 22050
11:00	Smoked fish On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the trout pond in Zug. Where: Seekopfrestaurant When: 11 am - 3 pm
11:15	<b>Zug Village Festival</b> At 11.15 a. the Holy Mass takes place From approx. 12.00 pm the Frühshoppen starts with the Trachtenkapelle Lech and from early afternoon the Vorarlberg brass band "Bärig Böhmisch" and Alexander and Friends Location: Zug village square Only in good weather!
11:30	Chicken barbecue and chill Enjoy your Sunday chicken from the grill on the Aurelio terrace or, in bad weather, in our cosy restaurant. You can also order in advance to take away. Afterwards, our Beats & Bites Alpine picnic event awaits you with music and delicious appetisers from all over the world. Start: from 11.30 am - 2 pm Where: Hotel Aurelio Price: € 28,50,- per person Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
14:30	<b>Café &amp; cake panoramic tour Rüfikopf</b> Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.







#### Sunday, 25.08.2024 15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus 15:00 - 16:00 Kids Yoga at the Burg Hotel Kids yoga at the Burg Hotel Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 3 pm - 4 pm Price: €10,-Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com 16:00 **Beats & Bites** Experience our Beats & Bites Alpine Picnic event on Sunday afternoon and evening with cool music and delicious snacks from all over the world. Enjoy the perfect end to a Sunday with relaxing hours and a good atmosphere at Aurelio! Start: from 4 pm Where: Hotel Aurelio Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214 17:00 - 18:00 **Relax Yoga & Sound** Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,-Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com 17:30 - 18:30 **YIN YOGA** Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,-Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-





Monday, 26.	08	.20	24
-------------	----	-----	----

08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: $\in$ 43,80 incl. ascent for hikers: $\in$ 38,80 with valid cable car ticket: $\notin$ 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-
09:20	Lech Card - Herbs hiking tour With herbal educator Veronika Walch Duration: 3 hours Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.20 am Rüfiplatz Bad weather: We also offer a herbal experience in bad weather! The alternative programme takes place in the Lech herbal workshop. Together we make herbal products such as herbal salt or balm.
09:30	Lech Card - E-Bike "Improve your skills" Please take your own e-bike with you, otherwise these can also be rented from our sport shops. Duration: about 2 hours Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.30 am, Dorfhus





Monday, 26.08.2024		
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at	
09:45	Lech Card - Family Program Climbing Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161 Participation is only possible with prior registration. Meeting point: 9.45 am at the Arlberg Alpin office Filomena	
09:45	Lech Card Childrens programme - Games day at swimming pool or surprise Children between 5 and 14 years Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech	
14:00 - 18:00	<b>Small-caliber rifle</b> For guests, emplyees and locals Time: 2 pm - 6 pm Location: Schützenheim Lech	
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20	
15:00 - 16:00	Kids Yoga at the Burg Hotel Kids yoga at the Burg Hotel Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 3 pm - 4 pm Price: € 10,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com	
17:00	Rote Wand pétanque tournament It's time to really open the new pétanque court. That's why the Hotel Rote Wand is organising three pétanque tournaments in August. Fun, food and drink will be provided. Pétanque Turnier with Bao Buns, Bubbles & DJ Price: € 30 per person (incl. tournament fee, bao buns, bubbles & DJ) Start: 5 pm Where: Hotel Rote Wand, Zug Registration & reservation at: https://www.rotewand.com/friends-and-fools/events	



Page 12



Monday, 26.08.2024		
17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	
	Tuesday, 27.08.2024	
08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com	
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: $\leq$ 43,80 incl. ascent for hikers: $\leq$ 38,80 with valid cable car ticket: $\leq$ 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278	
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	
08:45	Lech Card - Pilates with Uli Alber Pilates exercises to increase coordination, stamina and concentration with Uli Alber Mats can be rented from Lech Zürs Tourismus In case of bad weather it will take place at the sport.park.lech Duration: 2-3 Stunden Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office Meeting point: 8.45 am Dorfhus	



Page 13



# Tuesday, 27.08.2024

09:30	Lech Card - E-Bike "Practice your skills" Please take your own E-Bike with you, otherwise these can also be rented from our sport shops. Duration: about 4 hours Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: Dorfhus
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
09:45	Lech Card - Family Programme Canyoning Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161 Meeting point: 9.45 am at the Arlberg Alpin office Filomena To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon Age: from 8 years Swimming skills required
09:45	Lech Card Childrens programme - Archery or canyoning Children between 5 and 14 years Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161 Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20
17:00 - 18:00	Relax Yoga & Sound Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com





Tuesday, 27.08.2024		
17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	
	Wednesday, 28.08.2024	
08:30 - 09:30	Good Morning Yoga Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com	
08:30 - 11:30	Manufactory Lech Original products made in Lech Opening hours: 8.30 am - 11.30 am Where: Raiffeisenbank Lech	
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: $\in$ 43,80 incl. ascent for hikers: $\in$ 38,80 with valid cable car ticket: $\in$ 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278	
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	





# Wednesday, 28.08.2024

09:15	Lech Card - Yoga on the Goldner Berg Mats can be hired from Lech Zürs Tourismus. Also takes place in the Goldener Berg in bad weather. Duration: 1 hour of yoga. Registration: the day before until 17:00 at info@lechzuers.com or https://www.mylechcard.at/de/programm/ Tel.: +43 5583 2161 Price for non Lech Card holders: € 25 per person, available from Lech Zürs Tourismus Meeting point: 9.15 am, Dorfhus, gondola 9.30 am
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at
09:45	Lech Card Kids programme- Climbing or Surprise Children between 5 and 14 years Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.: +43 5583 2161 Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech
10:00	Lech Card: Zugertal hike We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama. When: Wednesday (01.07 15.09.2024) Meeting point: 10 am at the Rüfiplatz Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0
14:00 - 18:00	<b>Small-caliber rifle</b> For guests, emplyees and locals Time: 2 pm - 6 pm Location: Schützenheim Lech
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20





# Wednesday, 28.08.2024

15:00 - 16:00	Kids Yoga at the Burg Hotel Kids yoga at the Burg Hotel Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 3 pm - 4 pm Price: €10,- Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com
17:00 - 18:00	Relax Yoga & Sound Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 5 pm - 6 pm Price: €15,- Where: Burg Hotel, Oberlech Registration: info@burghotel-lech.com
17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: € 15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: € 15,-
	Thursday, 29.08.2024
	<b>E-Bike Weekend with Bernhard Huber</b> If you want to explore the picturesque mountain landscape of the Arlberg in the saddle, our e-bike weekend is for you. Whether you have previous experience or not - everyone will find their cycling happiness. Always by your side: bike expert Bernhard Huber. No one knows the region as well as he does and ensures a legendary biking experience - insider tips included.

Good to know: Our e-bike weekend is also suitable for beginners. From easy to difficult - there is a suitable route for every fitness level.

Price: €100 per day Age: from 16 years

Booking: info@burghotel-lech.com

#### 08:30 - 09:30 Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court. Time: 8.30 am - 9.30 am Price: € 15,-Where: Burg Hotel, Oberlech Registration: info@burghotel-oberlech.com





Thursday, 29.08.2024		
08:30 - 11:30	<b>Manufactory Lech</b> Original products made in Lech Opening hours: 8.30 am - 11.30 am Where: Raiffeisenbank Lech	
08:30 - 11:30	<b>Manufactory Lech</b> Original products made in Lech Opening hours: 8.30 am - 11.30 am Where: Raiffeisenbank Lech	
08:30	Summit breakfast with panoramic view As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m! Ride on the Rüfikopf cable car incl. breakfast: incl. ascent and descent: € 43,80 incl. ascent for hikers: € 38,80 with valid cable car ticket: € 25,80 Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278	
08:30 - 09:30	Yoga at Hotel Goldener Berg Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	
09:30	Yoga and brunch Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45, per person (Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided) Where: Hotel Goldener Berg, Oberlech Time: from 09:30 am Registration: happy@goldenerberg.at	
09:45	Lech Card Childrens programme - Archery or canyoning Children between 5 and 14 years Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161 Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech	





Thursday, 29.08.2024		
10:30	<ul> <li>Lech Card - swim training</li> <li>The newly designed Waldschwimmbad is ideal for a varied swim training.</li> <li>The children move from the sports pool to the fitness pool to the water slide and do exciting exercises.</li> <li>Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-nanni.de</li> <li>Duration: approx. 3 hours</li> <li>Registration: by 5 pm the day before at info@lechzuers.com, https://anmeldung.mylechcard.at/? htacc=programm⟨=de or +43 5583 2161</li> <li>Meeting place: Forest swimming pool Time: 10.30 am</li> </ul>	
11:00 - 18:00	<b>Tannberg Market</b> Delicious local products and craftsmanship Location: Rüfiplatz square Lech	
11:30	Pre lunch drink with LIVE-music on the Rüfikopf Culinary delights include Austrian specialities on the large sun terrace of the Rüfikopf panorama restaurant. Takes place in July and August in all weathers! Time: from 11.30 am Location: Panoramarestaurant Rüfikopf	
14:30	Café & cake panoramic tour Rüfikopf Café & cake panoramic ride Rüfikopf - the combination ticket Daily from 2:30 p.m ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf. Prices: including ascent and descent: € 30 with valid cable car ticket: € 11,20	
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau When: Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus	
17:30 - 18:30	YIN YOGA Morning session 8.30 am - 9.30 am Afternoon session 5.30 pm - 6.30 pm Price per person: €15,- Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm Registration at: happy@goldenerberg.at Price per person: €15,-	



Page 19



# Thursday, 29.08.2024

### 19:00

# Gourmet evening at Aurelio´s

Every Thursday and Saturday between 01.08 and 12.09.2024 the gourmet evening takes place at Aurelio's.

Experience a unique gourmet evening at Hotel Aurelio.

Enjoy culinary highlights in an elegant atmosphere and let the Aurelio team spoil you. Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

