

Events 19.07.2024 - 25.07.2024

Friday, 19.07.2024

- 08:20 Mountain breakfast with leg work**
Feast at 2,000 metres above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Every Friday. At 8.20 am we meet on the sun terrace of the Burg Hotel and fortify ourselves with a cup of "Oberlecher Kräutertee" from our herb kitchen. We set off at 8.30 am.
Time: 8.20 am
Reservation: info@burghotel-lech.com or +43 5583 2291
- 08:30 - 09:30 Good Morning Yoga**
Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 8.30 am - 9.30 am
Price: €25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-oberlech.com
- 08:30 Lech Card - Yoga on the mountain**
Mats can be rented from Lech Zürs Tourismus
In case of bad weather it will take place at the sport.park.lech
Duration: 2-3 Stunden
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office
Meeting point: 8.30 am Dorfhus
- 08:30 Summit breakfast with panoramic view**
As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!
Ride on the Rüfikopf cable car incl. breakfast:
incl. ascent and descent: € 43,80
incl. ascent for hikers: € 38,80
with valid cable car ticket: € 25,80
Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

Events 19.07.2024 - 25.07.2024

Friday, 19.07.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45

Lech Card - The geopath excursion

Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.

Duration: approx. 3 hours

Registration: the day before by 5 p.m. at info@lechzuers.com or

<https://anmeldung.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech

09:45

Lech Card Childrens programme - Games day at swimming pool or climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

Events 19.07.2024 - 25.07.2024

Friday, 19.07.2024

10:00

Literaricum Lech

from 10 am Reading from Lolita

The actor Thomas Sarbacher reads from 'Lolita' in a version shortened especially for this occasion.

Duration: approx. 90 min

Where: Lechwelten

from 1 pm The truth about Lolita

The documentary film 'The Truth about Lolita' (director: Olivia Mokiejewski) illuminates Nabokov's work from a new perspective. This is particularly revealing in times of MeToo.

Where: Lechwelten

from 3 pm Lolita made into a film

In conversation with Nicola Steiner, literary and cultural scholar Elisabeth Bronfen uses famous film adaptations of Lolita to show how colourful and ambivalent this notorious love story is.

Duration: 60 - 70 min

Where: Lechwelten

from 6 pm Toxic love

The writer Terézia Mora talks to Alexander Wasner about her novel 'Muna or Half of Life', about toxic masculinity, unreliable narrators, age differences in relationships and how to deal with them when you want to wake up and shake the main character of a book.

Duration: approx. 60 - 70 min

Where: Lechwelten

Tickets are available at the box office.

11:00

Handicraft market

15 professional craftsmen present their wares and demonstrate their trades. Among them: carvers, gemstone cutters, wood turners, fur tanners, blacksmiths, cutlery jewelry and much more.

Free entrance

From 11 am until 6 pm

Location: Rüfiplatz square Lech

14:00 - 16:00

Manufactory Lech

Original products made in Lech

Opening hours: 2 pm - 4 pm

Where: Raiffeisenbank Lech

14:00 - 18:00

Small-caliber rifle

For guests, employees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m. - ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

Events 19.07.2024 - 25.07.2024

Friday, 19.07.2024

15:00 - 18:00

Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!
Lech Museum and FMH Women's Museum Hittisau.

When: Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:00 - 18:00

Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: €25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

18:00

Fondue evening on the Rüfikopf

The culmination of the week with a very special atmosphere at Rüfikopf!

From July to September, a tasty meat or cheese fondue is served at sunset in the Rüfikopf panorama restaurant.

Price: €65,- (without drinks)

Registration & reservation until Friday 3 pm at the Rüfikopf Panorama Restaurant, phone +43 5583 2336 - 278

18:00

Rüfikopf adventure evening

Exclusive ascent from 6 pm every half hour with the hour with the Rüfikopf cable car

Valley ride: every half an hour until 09.30 pm

Price evening ride €26,50 free for Lech Card holders and children up to 14 years

No registration required! Cancellation in case of strong wind, precipitation or danger of thunderstorms!

Location: Panoramic restaurant Rüfikopf

18:45

Sunsethike Rüfikopf

Every Friday in July and August, the Rüfikopf cable car runs for longer in good weather conditions exclusively for Lech Card holders. From the Rüfikopf you can enjoy the sunset and then hike with a guide from Arlberg Alpin to Monzabonsee. From there, it's back to the last rays of sunshine on the Rüfikopf and then back down into the valley with a view of Lech am Arlberg. The start time for the guided tour depends on the date.

Time: 6.45 pm

Duration: approx. 2 hours

Meeting point: Rüfikopf valley station

Equipment: We recommend ankle-high mountain boots with profiled soles for the hike.

Registration: The day before by 5:00 p.m. at info@lechzuers.com or online

T.: +43 5583 2161

Events 19.07.2024 - 25.07.2024

Friday, 19.07.2024

21:09

Skyspace-Lech guided tour

During the 50-minute guided tour, you will learn everything about this extraordinary work of art by the US artist James Turrell.

Price: € 15 per person

Tickets online or in the Lech Zürs Tourist office

Registration: required until 6 pm the day before

Location: Skyspace-Lech

Saturday, 20.07.2024

08:30

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!

Ride on the Rüfikopf cable car incl. breakfast:

incl. ascent and descent: € 43,80

incl. ascent for hikers: € 38,80

with valid cable car ticket: € 25,80

Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

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Saturday, 20.07.2024

10:00

Literaricum Lech

from 10.00 a.m. Raoul Schrott: Homer's Ilias

The poet and writer Raoul Schrott reads from and talks about the first European work of literature, which has since been politically instrumentalised like no other.

Duration: 60 - 70 min

Where: Kriegeralpe

from 3 pm Debate: Dogmas and taboos in literature and everyday life

Philosopher Philipp Hübl ('Moralspektakel') and journalist Sophia Fritz ('Toxische Weiblichkeit') talk to Raoul Schrott about the zeitgeist and its moralising rules and prohibitions.

Duration: 60 - 70 min

Where: Hotel Sonnenburg

from 6 pm Workshop discussion on translation

The Swedish writer Aris Fioretos, who has translated around ten titles by Vladimir Nabokov - including 'Lolita' - talks to Nicola Steiner about why Nabokov speaks of 'backbone' in connection with great literature, about the love of detail and why 'Lolita' is such a stirring read.

Duration: 60 - 70 min

Where: Hotel Sonnenburg

11:00

Handicraft market

15 professional craftsmen present their wares and demonstrate their trades. Among them: carvers, gemstone cutters, wood turners, fur tanners, blacksmiths, cutlery jewelry and much more.

Free entrance

From 11 am until 6 pm

Location: Rüfiplatz square Lech

14:00

Oberlech Summer Party

Burg BBQ at the ice bar We know how to celebrate a lively party - and our ice bar is the place to be in Oberlech. Live music is provided by the resident DJ. We take care of the physical well-being with BBQ, oysters and many small surprise delicacies.

From: 2pm-8pm

If you want to secure a lounge at our bar, you should book in advance: by email to info@burghotel-lech.com or by phone +43 5583 2291.

Where: Burg Hotel, Oberlech

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

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An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

When: Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

16:30

Skyspace-Lech Family Tour

Duration: 90 minutes

Age recommendation: Suitable for children up to 14 years of age

Languages: The tour is offered in German.

Dates: 13.7., 20.7., 27.7., 3.8., 10.8., 17.8., each Saturday, 4.30 pm.

Meeting point for guided tour: Skyspace-Lech

Meeting point shuttle: Dorfhus bus stop, departure: 4 pm

Registration and contact: Book your places online or contact us at: - Phone: +43 5583 2161-0

E-mail: skyspace@lechzuers.com

Website: lechzuers.com/en/skyspace, skyspacelech.com

Sunday, 21.07.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: €25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!

Ride on the Rüfikopf cable car incl. breakfast:

incl. ascent and descent: €43,80

incl. ascent for hikers: €38,80

with valid cable car ticket: €25,80

Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

Events 19.07.2024 - 25.07.2024

Sunday, 21.07.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45

Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon

Age: from 8 years

Swimming skills required

10:00

Literaricum - "Poeta Lauratus" Award Ceremony

Poeta Laureatus - Reading with Michael Krüger, the first Poeta Laureatus, and award ceremony with Clemens J. Setz, the second Poeta Laureatus winner.

Start: 10 am

Where: Hotel Sonnenburg

11:00

Handicraft market

15 professional craftsmen present their wares and demonstrate their trades. Among them: carvers, gemstone cutters, wood turners, fur tanners, blacksmiths, cutlery jewelry and much more.

Free entrance

From 11 am until 6 pm

Location: Rüfiplatz square Lech

Events 19.07.2024 - 25.07.2024

Sunday, 21.07.2024

- 11:00 Smoked fish**
On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the trout pond in Zug.
Where: Seekopfrestraurant
When: 11 am - 3 pm
- 14:30 Café & cake panoramic tour Rüfikopf**
Café & cake panoramic ride Rüfikopf - the combination ticket
Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.
Prices: including ascent and descent: € 30
with valid cable car ticket: € 11,20
- 15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**
An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!
Lech Museum and FMH Women's Museum Hittisau
When: Thursday - Sunday, 3 - 6 pm
Admission: voluntary donation
Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
Location: Lechmuseum Huber-Hus
- 17:00 - 18:00 Relax Yoga & Sound**
Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 5 pm - 6 pm
Price: €25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-lech.com

Monday, 22.07.2024

- 08:30 - 09:30 Good Morning Yoga**
Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 8.30 am - 9.30 am
Price: €25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-oberlech.com
- 08:30 Summit breakfast with panoramic view**
As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!
Ride on the Rüfikopf cable car incl. breakfast:
incl. ascent and descent: € 43,80
incl. ascent for hikers: € 38,80
with valid cable car ticket: € 25,80
Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

Events 19.07.2024 - 25.07.2024

Monday, 22.07.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:20

Lech Card - Herbs hiking tour

With herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.20 am Rüfiplatz

Bad weather:

We also offer a herbal experience in bad weather! The alternative programme takes place in the Lech herbal workshop. Together we make herbal products such as herbal salt or balm.

09:30

Lech Card - E-Bike "Improve your skills"

Please take your own e-bike with you, otherwise these can also be rented from our sport shops.

Duration: about 2 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.30 am, Dorfhus

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45

Lech Card - Family Program Climbing

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

Events 19.07.2024 - 25.07.2024

Monday, 22.07.2024

- 09:45** **Lech Card Childrens programme - Games day at swimming pool or surprise**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 14:00 - 18:00** **Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 14:30** **Café & cake panoramic tour Rüfikopf**
Café & cake panoramic ride Rüfikopf - the combination ticket
Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece
of cake in the Panormarestaurant Rüfikopf.
Prices: including ascent and descent: € 30
with valid cable car ticket: € 11,20
- 15:00 - 16:00** **Kids Yoga at the Burg Hotel**
Kids yoga at the Burg Hotel
Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 3 pm - 4 pm
Price: € 25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-oberlech.com
- 16:00** **Music concert**
Where: Rüfiplatz
Start 4 pm
Programme: Belgian music band & Sint Jozef Kleine-Broegel
- 18:00** **Sandhof terrace**
Local/friends guest chefs at the village table - cook for you their favorite recipes - uncomplicated it
should be - together at the big village table everyone eats together - it is ladled out of sumptuous
bowls - like at a big family dinner.
Price: € 65,-
Time: 6 pm
Registration: +435583 2298 or info@sandhof.at
Location: Hotel Sandhof, Lech

Events 19.07.2024 - 25.07.2024

Monday, 22.07.2024

18:30

Wine and Dine with Franz Strohmeier

Weingut Franz Strohmeier has been cultivating a holistic wine-growing and vinification philosophy for over 20 years. They create wines with character and ageing potential from grapes that have been given love and time to flourish.

Price: € 180

incl. menu & wine pairing

Time: 6.30 pm

Booking: gasthof@rotewand.com

Tuesday, 23.07.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!

Ride on the Rüfikopf cable car incl. breakfast:

incl. ascent and descent: € 43,80

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Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

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Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

Events 19.07.2024 - 25.07.2024

Tuesday, 23.07.2024

- 08:45 Lech Card - Pilates with Uli Alber**
Pilates exercises to increase coordination, stamina and concentration with Uli Alber
Mats can be rented from Lech Zürs Tourismus
In case of bad weather it will take place at the sport.park.lech
Duration: 2-3 Stunden
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office
Meeting point: 8.45 am Dorfhus
- 09:30 Lech Card - E-Bike "Practice your skills"**
Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.
Duration: about 4 hours
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: Dorfhus
- 09:30 Yoga and brunch**
Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person
(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)
Where: Hotel Goldener Berg, Oberlech
Time: from 09:30 am
Registration: happy@goldenerberg.at
- 09:45 Lech Card - Family Programme Canyoning**
Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161
Meeting point: 9.45 am at the Arlberg Alpin office Filomena
To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon
Age: from 8 years
Swimming skills required
- 09:45 Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/> Tel.:+43 5583 2161
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 14:30 Café & cake panoramic tour Rüfikopf**
Café & cake panoramic ride Rüfikopf - the combination ticket
Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.
Prices: including ascent and descent: € 30
with valid cable car ticket: € 11,20

Events 19.07.2024 - 25.07.2024

Tuesday, 23.07.2024

17:00 - 18:00

Relax Yoga & Sound

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 5 pm - 6 pm

Price: € 25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-lech.com

Wednesday, 24.07.2024

08:30 - 09:30

Good Morning Yoga

Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 8.30 am - 9.30 am

Price: € 25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

08:30

Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office

Meeting point: 8.30 am Dorfhus

08:30 - 11:30

Manufactory Lech

Original products made in Lech

Opening hours: 8.30 am - 11.30 am

Where: Raiffeisenbank Lech

08:30

Summit breakfast with panoramic view

As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!

Ride on the Rüfikopf cable car incl. breakfast:

incl. ascent and descent: € 43,80

incl. ascent for hikers: € 38,80

with valid cable car ticket: € 25,80

Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

Events 19.07.2024 - 25.07.2024

Wednesday, 24.07.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45

Lech Card Kids programme- Climbing or Surprise

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech

10:00

Lech Card: Zugertal hike

We take the bus to Älepe. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday (01.07. - 15.09.2024)

Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panormarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

Events 19.07.2024 - 25.07.2024

Wednesday, 24.07.2024

- 15:00** **Savoury food with heart**
Nothing but flour, eggs and salt, say some. A dish that tastes like home and love, say others. For the latter, we offer our spaetzle - or, as we call it here, "Käsknöpfle" - cookery course. We reveal all the tricks for the perfect feel-good meal: from the right bite to the ideal degree of onion melting to the perfect cheese mixture.
Where: Kriegeralpe
Time: 3 pm
Price: €25,-
Registration: info@burghotel-lech.com or info@kriegeralpe-lech.com; T: +43 5583 2291
- 17:00 - 18:00** **Relax Yoga & Sound**
Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 5 pm - 6 pm
Price: €25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-lech.com

Thursday, 25.07.2024

- 08:30 - 09:30** **Good Morning Yoga**
Start the day with an invigorating yoga class. Weather permitting, the yoga session takes place in front of the hotel on the tennis court.
Time: 8.30 am - 9.30 am
Price: €25,-
Where: Burg Hotel, Oberlech
Registration: info@burghotel-oberlech.com
- 08:30 - 11:30** **Manufactory Lech**
Original products made in Lech
Opening hours: 8.30 am - 11.30 am
Where: Raiffeisenbank Lech
- 08:30** **Summit breakfast with panoramic view**
As an ideal start to a successful day, early risers as well as late risers are served a hearty breakfast daily from 8:30 a.m. to 11:00 a.m. on the sun terrace of the panorama restaurant at Rüfikopf in July and August. Enjoy the view of Omeshorn, Rote Wand and Mohnenfluh at an altitude of 2,350m!
Ride on the Rüfikopf cable car incl. breakfast:
incl. ascent and descent: €43,80
incl. ascent for hikers: €38,80
with valid cable car ticket: €25,80
Contact & Information: Panorama Restaurant Rüfikopf, T. +43 5583 2336 278

Events 19.07.2024 - 25.07.2024

Thursday, 25.07.2024

08:30 - 09:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

17:30 - 18:30

Yoga at Hotel Goldener Berg

Morning session 8.30 am - 9.30 am

Afternoon session 5.30 pm - 6.30 pm

Price per person: € 15,-

Registration for the morning session until 8 pm on the day of the lecture and for the afternoon session until 3 pm

Registration at: happy@goldenerberg.at

Price per person: € 15,-

09:30

Yoga and brunch

Enjoy a wonderful breakfast on our sun terrace after the yoga session. Combination package: Yoga and breakfast for 45,- per person

(Yoga mat and cushions are available free of charge at the Goldener Berg or will be provided)

Where: Hotel Goldener Berg, Oberlech

Time: from 09:30 am

Registration: happy@goldenerberg.at

09:45

Lech Card Childrens programme - Archery or canyoning

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/> Tel.:+43 5583 2161

Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

10:30

Lech Card - swim training

The newly designed Waldschwimmbad is ideal for a varied swim training.

The children move from the sports pool to the fitness pool to the water slide and do exciting exercises.

Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-nanni.de

Duration: approx. 3 hours

Registration: by 5 pm the day before at info@lechzuers.com, <https://anmeldung.mylechcard.at/?htacc=programm&lang=de> or +43 5583 2161

Meeting place: Forest swimming pool

Time: 10.30 am

Events 19.07.2024 - 25.07.2024

Thursday, 25.07.2024

11:00 - 18:00

Tannberg Market

Delicious local products and craftsmanship
Location: Rüfiplatz square Lech

11:30

Pre lunch drink with LIVE-music on the Rüfikopf

Culinary delights include Austrian specialities on the large sun terrace of the Rüfikopf panorama restaurant.

Takes place in July and August in all weathers!

Time: from 11.30 am

Location: Panoramarestaurant Rüfikopf

14:30

Café & cake panoramic tour Rüfikopf

Café & cake panoramic ride Rüfikopf - the combination ticket

Daily from 2:30 p.m.- ascent and descent with the Rüfikopfbahn including a cup of café and a piece of cake in the Panoramarestaurant Rüfikopf.

Prices: including ascent and descent: € 30

with valid cable car ticket: € 11,20

15:00 - 16:00

Kids Yoga at the Burg Hotel

Kids yoga at the Burg Hotel

Weather permitting, the yoga session takes place in front of the hotel on the tennis court.

Time: 3 pm - 4 pm

Price: € 25,-

Where: Burg Hotel, Oberlech

Registration: info@burghotel-oberlech.com

18:00

Dry Aged Steak evening

Stakes hung and matured under ideal conditions. Fully aromatic in flavour, firm to the bite and particularly tender on the tongue, T-bone - porterhouse - fillet steak & co are prepared for you.

Time from 6 pm

Information and reservation under +43 5583 41825. office@rud-alpe.at www.rud-alpe.at

Where: Rud-Alpe