



[sport.park.lech](https://www.sport-park-lech.at)

More movement, more fun.

Information.

A WARM WELCOME TO THE HOUSE OF MOVEMENT!

Outside, you can take deep breaths of crystalline air. Inside, you'll find plenty of space for exhilarating sporting activities. Surrounded by a snow-covered winter world, or a luscious green landscape that can be enjoyed through picture windows, the building's crisp, linear shape is enhanced by the blending of concrete and steel with Vorarlberger silver pines.



WHAT TO EXPECT:

- 580 m² fitness centre with cardio, power & free weights area
- 135 m² aerobics/ dance studio
- 140 m² sauna facility
- (personal) training, courses
- tennis court, tennis courses
- multipurpose court (soccer, badminton, volleyball, etc.)
- 4 bowling lanes
- frei.zeit.raum with Ping Pong, airhockey, table soccer etc.
- sport.park.cafe with free WiFi; flatscreen for live sports broadcast events ,public viewing' (i.e. Champions League), pool and dart
- 1280 m² for events and congresses

sport.park.lech

We would like to invite you to take a tour and discover the wonderful variety of possible activities guaranteed to enhance your wellbeing. Active, athletic, playful. We offer you a lot of possibilities which are all about movement. Fitness, Cycling, Tennis and other Ballsports (Badminton, Volleyball, Soccer, Handball, Ping Pong, etc.), 10Pin Bowling, Climbing, Slacklining and Bouldering as well as a Spa Area to relax and the comfy sport.park.cafe.



► FITNESS

The large studio has plenty of natural daylight and offers a wide range of options to suit all standards. The latest generation of endurance equipment with top entertainment (e.g. TV monitors and personal entertainment).

- **Endurance equipment** with Treadmill / Crosstrainer Summit trainer / Reclined Bike / Seated Bike / Concept II Rowing Machine
- **Power equipment** with Circuit series / Signature series Multi-Jungle weights towers / benches & racks / free weights





► **TENNIS & BALLSPORTS**

Quick reactions, balance and coordination are required for enjoyment and success.

Playful: Indoor tennis court with sprung flooring / multipurpose court for badminton, handball or volleyball / With coach on request

► **PROFESSIONAL FITNESS COACHING**

Our professional fitness coaches will provide perfect support for your personal training.

The current aerobic/fitness programme and current information about (personal) training can be found on our website www.sport-park-lech.at or at the reception.

Please pay respect to your health:

- bring a towel
- wear indoor training shoes
- no glass bottles



► SPA AREA*

The spa area is an oasis for those, who just want to relax and enjoy the warmth and nice flavours of our sauna facilities.

Between the sauna sessions you can be astonished about the fantastic view in our relaxarea or intensify your wellbeing with a massage.

* Opening hours:

winter daily 4 pm - 10 pm / during summer on demand



Moments of relaxation:

After a wonderful day in our destination, you are looking for moments of relaxation? Our spa area is one of the best places to get new power for the next adventures:

- Finnish sauna
- steam room
- sanarium
- infrared cabin
- massage
- relax area with fantastic view

► BOWLING

American bowling is all about hooking the thumb and two fingers into the holes of the polished ball. Then the pins wait for the golden shot. **Clear the decks:** High-tech bowling facility / four lanes / state-of-the-art game computer / 42-inch flatscreens / 20 additional leisure games / special lighting effects and sounds



► FREI.ZEIT.RAUM

An own room for the young and the ones who are still young. Airhockey, table soccer, ping pong with good music and nice visuals.



► SPORT.PARK.CAFE

In the comfy sport.park.cafe you can just have a look-around, enjoy nice conversations, fresh drinks and snacks, surf the Web via free WiFi, join the excitement during our live sports broadcasts on our flatscreen (i.e. Champions League) or just have a good time playing pool or dart.

► EVENTS AND CONGRESSES

The ideal setting for seminars, meetings, presentations, congresses, conferences and events.

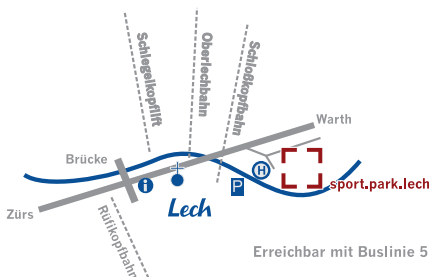
Our options:

1.280 m² of open space / cinema seating for max. 780 people / seating layouts as per requirements / catering or snacks / state-of-the-art technology (screen, PC projector, PC, Internet, etc.)

Contact, booking, information

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Erreichbar mit Buslinie 5

CONTACT

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www.facebook.com/sport.park.lech

OPENING HOURS AND PRICES 2019/20

Winter season:

Sunday through Friday: 10 a.m. - 11 p.m.

Saturday: 3 p.m. - 11 p.m.

Summer season:

Tuesday through Sunday: 3 p.m. - 10 p.m. / Monday closed

FITNESS & VIRTUAL CYCLING:

Single entry	€ 12,-
Block of 5 / 10	€ 48,- / € 84,-
Season ticket - winter/summer	€ 250,- / € 170,-
Personal Fitness Training hour	on demand

COURSES: (registration required)

Single entry	€ 14,-
Block of 5 / 10	€ 52,- / € 88,-

SAUNA: (winter daily 4 pm - 10 pm / during summer on demand)

Single entry	€ 12,-
Block of 5 / 10	€ 48,- / € 84,-
Season ticket - winter/summer	€ 250,- / € 170,-
Rental Sauna-set (Deposit: € 45,00)	€ 8,-
(bathrobe, bath towel, hand towel, slippers, bag)	
Rental bathrobe (Deposit: € 20,00)	€ 5,-
Rental hand towel (Deposit: € 8,00)	€ 3,-
Slippers	€ 3,-

COMBI-TICKETS:

Single entry fitness/sauna	€ 17,-
Block of 5 / 10 fitness/sauna	€ 68,- / € 119,-
Season ticket fitness/sauna - winter/summer	€ 290,- / € 210,-
Season ticket fitness/sauna/climbing - winter/summer	€ 325,- / € 260,-

TENNIS & MULTIPURPOSE COURT:

Reservation required; prices per court & hour

Tennis	€ 20,-
Tennis Block of 5 / Block of 10	€ 80,- / € 140,-
Multipurpose court (soccer, badminton, volleyball)	€ 20,-
Block of 5 Multipurpose court	€ 80,-
Block of 10 Multipurpose court	€ 140,-
Tennis courses on demand	

10PIN BOWLING:

per lane per hour / incl. bowling shoes	€ 25,-
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RENTAL: (ID or deposit required)

Shoes, Rackets, PP-Set	€ 3,-
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Blocks of 5 and 10 are transferable, season tickets are not. Discount on season tickets until Dec. 16th -10%, from Feb. 1st -20%, from Mar. 1st -30% and from Apr. 1st -50%. Children up to 15 years get 50% discount (except bowling) - ID required.